

The Gainesville Cyclist

The bi-monthly newsletter of the Gainesville Cycling Club, Inc.

April 1996

Club Happenings

Apr 6 (Sat) First Ride of New Improved Gliders Riding Group

Meet at the Plaza of the Americas at 8 am for this B level ride. See the article on page 3 for more details about this riding group, and the ride schedule on page 5 for more Gliders group rides.

Apr 7 (Sun) Daylight Savings Time Begins

Spring forward (set your clocks one hour ahead at 2am). Which in effect means show up for your ride one hour earlier.

Apr 9 (Tue) Tuesday-Thursday A Rides Begin

Meet at the GRU facility at NW 43rd St and 53rd Ave at 6:30 pm sharp. We'll probably start with the short loop to get in shape and move to the longer loop as the days get longer and our quads get stronger.

Apr 13 (Sat) Hunters Crossing Pedalers Meet in Micanopy

Meet at 9am at the corner of US 441 and CR 234 (Angle Road) near the Pearl Station (same place Adopt-a-Road meets). From there we will head south. We are hoping the wildflowers will be blooming. Afterwards, we will lunch at the Wild Flowers Cafe.

May 4 (Sat) Ride Start Times Move to 8 am.

May 18 (Sat) Hunters Crossing Pedalers Ride the St Marks Trail

The St Marks Trail is one of Florida's premier countryside rail-trails, running from Tallahassee to the Gulf of Mexico. If you are interested in joining this ride contact Rob Wilt at 375-5582 or afn09010@afn.org for details.

May 27 (Mon) Annual Memorial Day Picnic at Ichetucknee Springs

Because the Horse Farm Hundred was successful this year (e.g. it didn't rain) we have some money to spend to reward ourselves for all the effort that it takes to put it on. So rather than slave over a hot grill on a hot day cooking hamburgers and hot dogs, Chandler is going to cruise on down to *Sonny's* in Alachua while we are out riding the roads of Suwannee County and pick up barbecue chicken, pork, and ribs.

To partake, you must be at the ride start **not later than 9:15 am** to place your order with Chandler; plan on arriving at 9 am. Depending on where you are coming from in Gainesville, it can take up to an hour to drive to the north entrance to the Ichetucknee Springs State Park on CR 238 (from US 27 at Ft White take SR 47 north and turn left onto CR 238). It costs \$3.25 to get a car into the park (bikes \$1) so get some buddies together and carpool.

You must be a club member to participate in the feast (bring your membership card!). We will sign you up on the spot if you're not a member (\$10, family members of members don't cost extra, they just must join). Bring deserts and salads to complement the Sonny's fare.



**Gainesville
Cycling Club Inc.
1996 Board
of Directors**

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President's Message

The GCC annual meeting was held this past February 17th. Attendance was moderate probably due to the cold blast from Antarctica (the Boys Club lacks central heating) BRRRRR ...but the food was consumed in the usual fashion -- "woofed" down as if a century ride was held that very morning.

Thanks to Diann Dimitri -- the spaghetti and "meat a balls" were cooked to perfection...(we missed you oh great cook from the past Bill Cochran who made it look far too simple, next year I promise I promise to help you more!!!!). Diann did a great job and if anyone would like to cook for 35 hungry people she's the one to ask about the logistics and how to make it look easy too. (*And a big thanks to Linda for preparing the salad! Ed.*)

Roger Pierce as always looked after our coffers, adding new members to our list and selling additional t-shirts from last years Horse Farm Hundred. Thanks Roger.

Thanks also goes to Maureen Petersen and Chandler Otis for the added desert and refreshments. Folks it was probably 38 degrees in that barn and they still went after the sherbet and ice-cream bars as if it was July and 102 in the shade. Chandler also collected some fine door prizes from your very fine bicycle shops in our town which included gift certificates of \$10 and \$15 from Campus Cycle Works and Spin Cycle, a very nice Camelback from Streits, Gator Cycle and Bike Route provided many small door prizes, and Primo donated a fine pair of Oakley sunglasses.

GCC thanks these businesses for their support and we return their goodwill by frequenting their shops. Every member should think twice about shopping at the "mail order." I personally try to shop around. It is only at your local bicycle shop that you can verbally dispute the correct price of an item. We are fortunate to have a variety of bicycle shops (in Gainesville) who employ knowledgeable people. Your local bike shop stands behind their products.....So with that buy from you local bicycle shop.

See you cycling,

Linda C. McMahon



Greenway Cleanup MARCH 30

Volunteers are needed for a clean-up of Ring Park on Saturday, March 30, starting at 9 am. Ring Park is in the 1900 block of NW 16th Ave.

Volunteers should bring gloves. For more information, please call Chandler Otis at 377-1728.

Trail Ride Volunteers Needed

As part of the William Bartram celebration, Paynes Prairie State Preserve will have family-oriented trail rides on Saturday, April 20. There will be a shorter route for family groups, and a longer route for others.

Volunteers are needed to lead the family rides and to help with refreshment tables. Please talk to Chandler Otis if you would like to help, 377-1728 home, 376-6729 work.

Paynes Prairie State Preserve has 9-10 miles of hiking/biking trails in the wooded area of the park near Micanopy. The park entrance is 1 mile north of Micanopy on 441.

Gliders

A lot of club members have asked for rides that are faster than Hunters Crossing Pedalers rides, less hell bent than A Rides, and scheduled so that they can plan which rides they will participate in. Well, here they are!

Barry Gibbons has taken over the Gliders riding group, and he and his committee have come up with some new ways of doing things. First of all, there will be a ride leader for all Gliders rides, so that you know that at least one other person will be there. The ride leader's job is to bring maps to the start (if you don't use a club map, you can make your own--it doesn't have to be as polished as the club maps). Only rides for which a leader has volunteered will be scheduled. Rides are being planned now for June and July. If you can volunteer to lead one, call Barry at 372-1145. The more ride leaders, the more rides!

Second, Gliders rides start from wherever the ride leader wants them to start. By using outlying parking areas for starts, rides can get further into the countryside and spend less time winding their way out of Gainesville.

And third, the start times are negotiable. For the next two months, all rides have been scheduled for 8 am, but the group may decide to schedule some rides at other times. Starts will be no later than 15 minutes after the scheduled meet time; plan to get to the start on time.

To participate in these rides, you must wear a helmet, be able to read a simple map, and change a flat tire. The average speed of the rides will range between 15 and 18 mph depending on conditions. Ideally, there will be three different ride lengths offered for each ride, 20, 40, and 60 miles.

The group will use pace lines, but at a level at which less experienced riders will be able to learn the ropes. These are group rides; you should be prepared to stop if someone has a mechanical problem, and perhaps ride a bit slower at times than you might otherwise when some members are running out of gas.

But most of all, those of you who want to ride this type of ride need to make a commitment to come out and ride in them. The only way that they will continue to be there when you want them is for enough of you to come out fairly regularly and support them.

New In The Public Library

by ROB WILT

Florida Crossroads Show - "Pedal Power"

The most recent video addition to the library from GCC is a Florida Crossroads show from January 1990. This show will be of particular interest to all members who were with the GCC during the annual Horse Farm Hundred in November 1989, as you may see yourself or a friend on the tape. I personally recognized Craig Lee and Bill Cochran among the participants.

The video has scenes from the Horse Farm Hundred, and of the old depot-trail-bridge crossing 13th St. prior to its being enclosed and made part of the local Rail-Trail system. Other topics include the St. Marks Rail-Trail, commuting in Tallahassee, St. Augustine's hostel and a story about a custom frame builder in Crawfordville.

If you haven't seen this show already, you should check it out.

"Cycle Songs" by Linda Crider

Following up on our desire to share with the community all-things-bike-related the GCC has also donated, to the library, a copy of Linda Crider's audio cassette tape "Cycle Songs". For those of you not familiar with Linda, she is the program administrator for the Florida Traffic and Bicycle Safety Education Program at the University of Florida and is very evident in state bike activities, such as the annual Bike Florida Tour. Produced in 1993, this tape is the ticket if you want to get that bicycle feel for the songs of the road. But remember, you'll get a ticket if you get caught wearing headphones on your bike. Intended for car and home listening only!

CLASSIFIED

Club members, call, mail, email, or fax your stuff that you no longer need to the editor for inclusion in this column. Priority will be given to bicycling items; the number of items per member may be limited due to space considerations.

For Sale: Men's style, Ross 6 spd. Beach Cruiser, Blue, in good condition, mountainized with rack & pack, bottle cages & 2-28 oz. bottles, computer, clips and straps, new tires, new chain and sprockets, extras. Hate to sell it, but need the money. \$200. Rob 375-5582.

Airless bicycle tires for when you absolutely cannot afford a flat. Recommended for commuter bikes. Many sizes and styles. Half price. Roger Pierce 378-7063, RCPBIKE@aol.com

Support Your Local
Independent Bicycle Retailers
They Support Your Bicycling Events

Road Watch

- CR 232 (NW 78th Ave) from CR 241 (NW 143 ST) to US 27/41 will be widened and repaved starting sometime this summer.
- SR 121 north of Gainesville, from the city limit inbound, is developing a large number of potholes along the right auto tire track.
- CR 318 at the Levy county-Marion county line has been resurfaced into Marion county. This had been an area with dangerous potholes.
- CR 18 has been resurfaced in western Union county, fixing an area which had some potholes.
- Dungarvin Road may be closed at I-75 due to interstate bridge construction.

World Wide Web
<http://www.afn.org/~bike/>

E-Mail

Membership: gcc-fla@cycling.org
Officers: bike@afn.org
Individual Officers: see sidebar on page 2



GAINESVILLE-
HAWTHORNE
RAIL TRAIL



Trail Paving Continues

Paving of the eastern end of the Gainesville-Hawthorne Rail Trail is continuing. The new route through Paynes Prairie State Preserve will be paved before the end of the year.

At press time, construction continues on the Trail from the original Hawthorne trailhead to Grove Park. Paving of this three mile corridor should be completed by June.

Following that, construction on the Gainesville end of the Trail will begin, following a new route that will by-pass the edge of the Prairie. The trail will be rerouted for two miles along a power line easement through the middle of the park and a spur trail will lead to the overlook that faces Alachua Lake.

Paving will begin at Boulware Springs and continue east until they run out of money. It is anticipated there will be a two to four mile unpaved gap on the Trail, from the Rochelle area to Grove Park.

The first phase of paving was completed last summer with the construction of a new parking lot and Trailhead in downtown Hawthorne and paving up to the original Trailhead.

If you would like more information about the Trail routes, please talk to Chandler Otis at 377-1728.

Yearbook Editor Needed

We are looking for someone to compile and edit a 1996 Yearbook for the GCC. If you are interested contact any Board members.

April-May Ride Schedule

FOR CURRENT INFO, Call The GCC RIDELINE 538-8100 (courtesy of ALLTEL Mobile)

RIDING GROUPS

A Riders. (no Group Captain). Will usually choose a middle or long distance ride. The route may change without notice at any time. The group will frequently split into two or more groups; one group will usually do a middle distance ride. These rides can be very fast, and do not necessarily make rest stops.

Bee Line. Bill Cochran, 371-4118 or Dave Wagner, 375-4496. Meets at various locations and times on weekends, usually starting very early. Civil rides at a good pace with rest stops.

Gliders. Barry Gibbons, 372-1145. Rides with ride leaders in the B range (15-18 mph average). Meeting times and places vary; see the schedule on this page. Rides will normally have several different planned routes of different lengths (20, 40, 60 miles).

Newnans Lake Riders. Chandler Otis, 377-1728 (leave a message). A family and beginners group that meets Sundays at the Plaza of the Americas to do a 15 to 25 mile ride usually going out to Lakeshore Drive along Newnans Lake. See the Near East ride map.

Hunters Crossing Pedalers. Linda McMahon, 331-4089. Meets at the GRU facility on NW 43d St just north of NW 53d Ave, most Saturdays for a slower paced ride. On one Saturday of most months the group meets at an out-of-town starting location--see newsletter articles announcing locations or call the RideLine. This group also meets at the Plaza of the Americas on some Sundays for an extended version of the Newnans Lake ride.

GATORS. Gainesville Area Tandem On Road Society. Craig Lee 376-6934. This group does not currently have a riding schedule. If you're interested in starting one, call Craig.

Limerock Moonlighters. Dave Forbes, 371-3124. Rides on limerock roads, many after dark. Call for more details and directions.

Centurians. Roger Pierce, 378-7063. Hundred mile rides and up. We do many out-of-town invitational centuries. See the schedule on this page.

REGULAR STARTING TIMES AND PLACES

GRU FACILITY RIDES

(On NW 43rd Ave, west side, just north of NW 53rd St)

SATURDAYS

Hunters Crossing Pedalers meet at 9 am.

TUESDAYS & THURSDAYS

A Riders meet at 6:30 pm (starting Apr 9).

PLAZA OF THE AMERICAS RIDES

(University of Florida campus in front of Library West under the walkway)
Rides meet at 9 am leaving after 9:15 until May 4, then 8 am leaving after 8:15.

SATURDAY

A Riders meet at 9 am.

SUNDAY

A Riders, Newnans Lake Riders, and Hunters Crossing Pedalers meet at 9 am.

Centurians Ride Schedule

Apr 7 Sun	9 am	Easter Century
Apr 14 Sun	8 am	7-8 hour ride
Apr 20-21	7 am	TOSRV
May 5	6:30 am	Cross Florida

Gliders Ride Schedule

Date	Time	Ride Leader	Phone	Start Location
Apr 6 Sat	8 am	Margaret Raynal	371-2868	Plaza of the Americas
Apr 7 Sun	8 am	Margaret Raynal	371-2868	Plaza of the Americas
Apr 13 Sat	8 am	Evelyn Hinson	331-3549	Publix at Tower Road and Archer Road
Apr 14 Sun	8 am	Tim Strauser	375-3612	Nationwide parking lot, Williston Road and SW 34th Street
Apr 20 Sat	8 am	Barry Gibbons	372-1145	Roadside park in Hague on US 441, about 5 miles north of Highway Patrol station
Apr 27 Sun	8 am	Evelyn Hinson	331-3549	Publix at Tower Road and Archer Road
May 11 Sat	8 am	Margaret Raynal	371-2868	Plaza of the Americas
May 12 Sun	8 am	Margaret Raynal	371-2868	Plaza of the Americas
May 18 Sat	8 am	Barry Gibbons	372-1145	Hawthorne end of Rail-Trail for road ride to the east
May 19 Sun	8 am	Barry Gibbons	372-1145	Roadside park in Hague on US 441, about 5 miles north of Highway Patrol station
May 26 Sun	8 am	Tim Strauser	375-3612	Nationwide parking lot, Williston Road and SW 34th Street



FLORIDA

Florida

Bicycle Touring Calendar

(ABRIDGED)



See the complete calendar on the World Wide Web at <http://www.afn.org/~bike/fltours.html>

- Apr 6 (Sat) Another Bloomin' Bike Ride**
Metter GA Held in conjunction with Another Bloomin' Festival, downtown in the parks, Metter, GA. Registration at Candler Co. Courthouse 8 am, ride starts at 8:30. Helmets required. \$12, 25/50 miles. (912)685-5383.
- Apr 6-7 Cross Florida Tour**
West Palm Bch FL 145/130/100 miles, to Punta Gorda, Atlantic to the Gulf. Fee includes T-shirt, sag, maps, rest stops, and flat terrain. WPB Bicycle Club, PO Box 6581, West Palm Beach FL 33405-6581, Bob Goldman (407)966-9668
- Apr 13-18 Florida Bicycle Safari**
High Springs FL 3 & 6 days. Florida Freewheelers, PO Box 916524, Longwood FL 32791. (407)788-3446 phone/fax. Connect to their homepage from our online calendar.
- Apr 14 (Sat) Annual Pine Mountain Challenge**
Columbus GA Chattahoochie Cycling Club, 3901 Miller Road, Columbus GA 31909.
- Apr 20-21 15th Annual TOSRV South**
Quincy FL 200/132/75 miles in two days. Director, 3211 Affirmed Court, Tallahassee FL 32308.
- Apr 20 (Sat) Fifth Annual North Florida Ride**
Mayport FL Two days of 55 and 20 mile rides (904)249-3858.
- Apr 21 (Sun) Breakaway To Sugarloaf**
Clermont FL 25/40/60 miles, (904)394-1320.
- Apr 25-27 The Taste of Coffee Bike Ride**
Douglas GA A weekend of bicycle touring in Coffee county. Ride registration \$50. Lodging available. Douglas Tourism, PO Box 470, Douglas GA 31533, (912)383-0277, fax (912)384-2489.
- Apr 28 (Sat) Tour de Forts**

- Fernandina Beach** 10 to 100 miles. Atlantic Recreation Center, 2500 Atlantic Blvd (across from Ft Clinch) at 8 am (check in opens at 6:30). \$20 until Apr 12, includes T-shirt, rest stops, lunch. North Florida Bicycle Club, PO Box 14294, Jacksonville FL 32238. (904)721-5870.
- Apr 28 (Sun) Savannah GA** Coastal Bicycle Touring Club, PO Box 14531, Savannah GA 31416.
- May 2-5 Live Oak FL** 5 to 100 miles. Seminars, food, on and off road. Suwanee Bicycle Association, PO Box 247, White Springs FL 32096. (904)878-2042.
- May 4 (Sat) Statesboro GA** Jim Kruse Century 15/20/30/50/100 miles. Statesboro Bicentennial, live music Fri & Sat eve, other events. Southern Cyclists, PO Box 2554, Statesboro GA 30458, (912)764-7047.
- May 5 (Sun) Cocoa Beach FL** 170 mile one way ride to Gulf. Spacecoast Freewheelers, PO Box 320622, Cocoa Beach FL 32932-0622. Call for ride info (406)786-4686. For motel info in Cocoa Beach (407)459-2200 (Chamber of Commerce)
- May 11 (Sat) Orlando FL** Orlando Heart Ride 15/22/62 miles. Metro-West Elementary. (407)843-1330.
- May 17-19 Orlando FL** Florida AIDS Ride 3-day, 275 mile ride from Orlando to Miami. \$1400 in donations needed. (800)825-1000.
- May 18 (Sat) Gainesville FL** Beano Heart Ride 25/40/67 miles through southern Alachua county and northern Marion county. Preegistration is \$20 and includes breakfast, buffet lunch after ride, rest stops; the preregistration deadline is May 10. Day of ride

	registration is \$25. American Heart Association, 3615 SW 13th St Suite 1, Gainesville FL 32608.
May 19 (Sun)	21st Annual Assault on Mt Mitchell <i>Spartanburg SC</i>
	102 miles, extremely challenging. Spartanburg Freewheelers, PO Box 6171, Spartanburg SC 29304.
May 19 (Sun)	Tour de Cure <i>Savannah GA</i> 8 am, L. Scott Stell Park. (912)353-8110.
June 1-8	BAMA 96 <i>Florence AL</i> Bike Across Magnificent Alabama, ends in Chattanooga TN. (205)881-8032.
June 7-10	GEAR (Great Eastern Rally) <i>Millersville PA</i> League of American Bicyclists (410)539-3399.
June 8-15	BRAG (Bike Ride Across Georgia) <i>Atlanta GA</i> Seven day ride to Savannah. BRAG, PO Box 87111, Stone Mtn. GA 30087-0028. Fax (770)935-1918.
June 22 (Sat)	Osceola Swamp Man Classic <i>Glen St Mary FL</i> 15/32/62/100 miles including off-road option. Baker County High School. Pat Wagoner (904)259-6129.
Jun 29 - Jul 5	Bike Florida Six day, 300 mile coast-to-coast tour. Bike Florida, 1330 NW 6th St, Suite D, Gainesville FL 32601. (352)392-8192.
July 3-7	National Rally <i>Dayton OH</i> League of American Bicyclists. (410)539-3399.
Aug 2-4	Dog Days Pedal & Paddle <i>White Springs FL</i> Suwanee Bicycle Association, PO Box 247, White Springs FL 32096. (904)878-2042.
Sep 8 (Sun)	Annual Assault on Sugarloaf <i>Clermont FL</i> 112/56/31 miles. CFT/Sommer Sports, PO Box 121236, Clermont FL 34712-1236. (904)394-1320.
Oct 5 (Sat) Santa Fe Century <i>Gainesville FL</i> 4th Annual	
Oct 6 (Sun)	Horse Farm Hundred <i>Gainesville FL</i> 16th Annual
Oct 10-13	18th Annual Southern Tandem Rally <i>Sebring FL</i> STR-96, 224 SW 180th Ave, Pembroke Pines FL 33029.
Oct 18-20(?)	Mt Dora Bicyle Festival <i>Mt Dora FL</i> Mt Dora Chamber of Commerce, PO Box 196, Mt Dora FL 32757.
Nov 1-3	Florida Fat-Tire Festival <i>Ft White FL</i> Suwanee Bicycle Association, PO Box 247, White Springs FL 32096. (904)878-2042.

Gainesville Cycling Festival

Hogtown Greenway Site Plan Approved

OPPOSITION CONTEMPLATES COURT ACTION

The saga of the Hogtown Greenway continues, as the site plan for Phase One of the project was approved by the city's Development Review Board (DRB). The DRB is a citizen's advisory board that reviews local development.

The DRB approved the plan with recommendations, including widening sidewalks on NW 8th Ave and narrowing NW 8th Ave to two lanes for safer crossing. [Reacting to this, the Citizen's Advisory Committee (CAC) voted 6-5 to recommend removal of the Hogtown Greenway from the list of currently funded priorities if this project reduces the number of lanes on NW 8th Ave from four lanes to two lanes. Ed.]

The DRB met several times and listened to more than 18 hours of testimony by planners, engineers, and other experts, followed by 5 hours of citizen comment. During the testimony phase, lawyers on both sides of the Greenway issue cross-examined the experts.

Several GCC members spoke in favor of the Greenway during the citizen comment, including President Linda McMahon, Margaret Raynal, Tim Strauser, and former member Morgan Wallace.

Angry neighbors and others opposed to the Greenway formed a group, Greenspace Preservation Association (GPA), and hired attorney Sam Mutch to represent them. Greenway supporter David Coffee is representing the Alachua Greenway Alliance, the Greenway support group.

The opponents (GPA) will file suit for a court injunction on the Greenway and may attempt to put a Greenway referendum on the November ballot.

Phase One of the Greenway will run through the Loblolly area (the swamp east of Westwood School) from NW 16th Ave to the Loblolly School on NW 34th Street. The opponents cited environmental concerns about an asphalt trail and neighborhood intrusion as reasons for their opposition.

Please tell your friends about the Greenway. The opponents are organizing and if there is no community support, the Greenway project may die.

The Hogtown Greenway, when completed, will be a seven mile hiking and biking trail that will run along the Hogtown Creek, from NW 39th Ave to Kanapaha Botanical Gardens. For more information on the Greenway, please call Chandler Otis at 377-1728.

BUSINESS SPONSORS

These businesses provide discounts to club members who present their yellow 1996 membership card:

Bike Route	15%
Campus Cycle Works	15%
Chain Reaction	10%
Gator Cycle	10%
Gator Frame Painting	10%
Ominski Massage	\$10 off
Primo Bicycle Works	10%
Recycled Bicycles	10%
Streit's Schwinn Cyclery	10%
Water World	5%

Some restrictions apply, ask for details at the store.

WILLIAM BARTRAM MEMORIAL BICYCLE RIDE

This community bicycle ride, for all ages, is part of the William Bartram Celebration. Long and short rides will be available on paved and unpaved trails within the Paynes Prairie State Preserve. Call Patty at 378-2280 if you have any questions.

Date:	Saturday, April 20, 1996
Place:	Paynes Prairie - South Entrance Meet at Lake Wauberg Picnic Area
Time:	Any time between 9 am and 1:30 pm (Interpreted rides every hour)
Cost:	Prairie entrance fee \$3.25/car (max 8 people and bicycles)
Food:	We recommend you bring your own picnic lunch and plenty of water. Snacks and soft drinks will be sold to benefit the Gainesville-Hawthorne State Trail Program.
Equipment:	We recommend you ride a fat tire bicycle and bring a water bottle. Helmets are required.

This event is sponsored by the FDEP Paynes Prairie State Preserve, the FDOT Traffic and Bicycle Safety Education Program, the City of Gainesville Bicycle and Pedestrian Program, and Campus Cycle Works.

Dear GCC Members,

The Bike Florida staff greatly appreciates the club's support and assistance, and extends a special thank you to those members who ran the rest stop on Williston Road or escorted riders through the high traffic areas of Gainesville. This year we will ride into Gainesville on July 5 and will need similar assistance. Finally, an extra special thank you to our very own Chandler Otis who served as Bike Florida's official mechanic. Chandler was invaluable and learned that this is a great way to meet cool cyclists.

Bike Florida 1995 was a grand success partly due to the assistance from you. However, we have noticed that Gainesville Cycling club members have not been among our riders. This seems odd since the ride ends right here in Gainesville. Bike Florida would like to challenge the Gainesville Cycling community to become involved as riders on this event. If you are wondering why you should pay to ride the beautiful back roads of Central Florida, consider the following:

10 REASONS TO RIDE BIKE FLORIDA JUNE 29 - JULY 5, 1996

1. See parts of rural Florida you never imagined still existed. You may think you've ridden all the good roads, but no doubt you have missed some. We make great effort to include local sites of interest including many springs and quaint small towns.
2. If you'd like to participate in a multi-day bicycle tour but you aren't sure of your fitness or skill level, this ride is for you. We take extra special care of our riders with rest stops approximately 12 miles apart and a sag service that will amaze you with their efforts. Over half of our riders can claim Bike Florida as their first (and second) multi-day tour. For you experienced and long ride lovers, we have long mileage options and a century planned.
3. Think again if you have decided it's too hot to tour Florida in June/July. We rise early and finish riding before the heat of the day. Afternoons are spent lounging in air-conditioned restaurants, gymnasiums, or in nearby springs and swimming pools. We can boast cooler average temperatures than Bike Virginia had last year.
4. This event provides riders with an excellent opportunity to meet other riders who regularly gather for bicycle festivals and events in North & Central Florida. Events like the Suwanee Bicycle Festival, Mt Dora Bicycle Festival, and the Gainesville Cycling Festival are becoming reunions for Bike Florida participants.
5. Join us as riders or volunteers if you support bicycle safety education programs in schools. Proceeds from Bike Florida go toward bicycle safety education in the state - reason

enough to support the event.

6. Bike Florida is for families. We encourage young riders who are escorted by parents. Last year we had a 5 year old pulled in a trailer, and a number of 8 to 15 year olds.
7. This event is fully supported. You do not have to carry your luggage. Camping and hotels are overnight options.
8. Because we still have a small number of riders, local stores do not run out of snacks and beverages, we do not run out of hot water, and the lines for food are short.
9. You will make life long friends.
10. The tour is affordable at \$85 per adult rider and \$65 for children under 12.

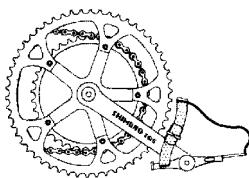
See local bike shops for registration forms. Volunteering is the best way to meet other riders. Call Margaret at 392-8192 if you are interested in helping out during the whole week, or on July 5 only. Let's get together for a GCC team for BIKE FLORIDA!

Sincerely,
Margaret Raynal and Linda Crider and the rest of the Bike Florida Staff

BIKE FLORIDA

"For the Ride of Your Life!"

Daytona Beach to Crystal River, ending in Gainesville
6-day camping tour



The Saga of Jimi the Salmon

OR HOW I DID THE IOWA 150 BACKWARDS

By JIMI MORRIS

It was a dark and stormy night when we began to talk about riding some of the Iowa 150, which was the Iowa Sesquicentennial Celebration bicycle tour from Long Beach CA, leaving on Memorial Day, and arriving in Washington DC on Labor Day. The plan was to ride from Reno NV to Nashville TN. Jan Lautner and Jeanne Repetto would ride the entire ride, and I would sag for them and ride as much of the ride as I could.

We joined the ride in Nevada and as I rode out that first morning I was enjoying being our of the van for the first time after driving three days.

My plan was to ride all of the passes and most scenic parts of the ride. The only problem was that I felt like a salmon swimming upstream to breed. I would ride out of town with the early group in the morning, and at some point turn around and ride back into town and pick up the van. Then I would drive the van to the other end and ride out to meet the riders.

For quite a few days many of the riders thought they were having this recurring nightmare where they kept meeting this biker who was always riding the wrong way. Many people believed I was riding every part of the ride twice.

The best part of this system was that I got to ride some really nice parts of the country, could warn riders of problems ahead, and could use the van as a sag when it was needed.

I'm just beginning to sort out the highlights of the 60 days I spent on the road. Until I get a web site, e-mail me at afn08324@afn.org for more tidbits of my travels.

Happy Trails.



The Gainesville Cyclist

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The Gainesville Cyclist is published bi-monthly with cover dates of even-numbered months. The deadline for new copy is the third Friday of the preceding month. All submissions are welcome.

Classified ads will be run free-of-charge for club members; call the editor.

Ads are \$5 per column inch or \$25 for six column inches (which may be broken into multiple ads in different issues); the standard ad is two column inches (2" x 3", a 1/2" narrower than a business card).

1996

Gainesville Cycling Festival

Oct 5
Saturn Santa Fe
Century

Oct 6
Horse Farm Hundred



Gainesville Cycling Club

5015 NW 19th Place
Gainesville FL 32605-3435

Cycling Shorts

1 Welcome new members Ron Bumgarner, Brian Burns, Brian Buzek, Jennifer Cobb, Michael Cook, Laurence & Yolanda Gahrney, Rocke Hill, Elliott Jacobson, Dallas Kennedy, Dax & Onna Lautner, David Lenze, Michael Reid, and Fran Wingard of Gainesville, Edison Lombana of Palatka, Dan Sloan of Delray Beach, Steve Strauser of Melrose, and Neil Truscello of Valdosta, GA.

1 Your newsletter editor / membership secretary has been having his annual dose of real life this winter, juggling a real job with a Cross Florida training schedule and six or so volunteer jobs. The most noticeable result has been that I've been slow getting stuff to new members. If you are a new member and don't have a Reference Guide by May 1st, give me a call or drop me a line (Roger Pierce, 378-7063).

1 If you have not already received your membership card in the mail (new members) or picked it up at the Annual Meeting, it should be in the envelope with this newsletter. If you did not receive one contact Roger Pierce.

Bringing Cycling Education to Entire Communities: Rolling Out a Revamp

The League of American Bicyclists has long been a leader in cycling education, including a long-standing commitment to *Effective Cycling®* and its founding principle the “Cyclists fare best when they act and are treated as operators of vehicles.” And with cycling increasing in popularity, the opportunity now exists to reach more members of the community than ever before with our message of safe, confident, and skills-oriented education. Because of this opportunity, the *Effective Cycling®* Program is undergoing a massive restructuring to better meet the needs of the entire cycling public.

The League firmly believes that if every rider from infancy to experienced participates in a formal cycling education program that there will be fewer cycling horror stories and many, many more individuals entering the world of cycling recreation and utility riding. The full revamp will take close to five years. For details of the program, see the electronic version of this newsletter on our home page.

