

Happenings

August 26 (Sat)

Gliders Training Century 7 am

Meet at the Chevron on NW 43rd St at 53rd Ave for a 7:15 am departure for a ride over the Santa Fe Century course. Stops in High Springs, Watermelon Park, and Worthington Springs. This is a regular club ride – no SAG support. Gliders pace (average speed around 19 mph, cruise often around 21 mph). If you anticipate problems maintaining Gliders pace, print out a Santa Fe Century map from the web site.

August 31 (Thur) Building a Better Bicycle Network Workshop

6 to 9 pm at The Florida Community Design Center, 300 E. University Ave. Suite 110. See full details on page 9.

September 1 (Fri)

Jersey Order Deadline

Make sure that your GCC Jersey Order is received by the club (put it in the mail before the end of August). You won't find a better price on a high-end jersey (check the stores and catalogs!). More details on page 11.

September 4 (Mon)

Labor Day Picnic

Meet at Boulware Springs at 9 am for rides departing at 9:15 am. Be back by Noon for the competition eating! Bring a side dish to complement the main course and sodas provided by the club.

September 15 (Fri)

T-Shirt Design Contest Deadline

See page 6 for full details on how to enter this competition. Win two of the shirts that you design, plus no cost entry to the Gainesville Cycling Festival.

September 16 (Sat)

Festival Volunteer Party 4 pm

Meet at George & Lee Edwards', 6706 NW 18th Ave (from Newberry Road, turn north onto 69th Terrace at the Red Lobster, then right onto 18th Ave). The club will have a main course and sodas, bring a side dish. Bring a swim suit if you want to take a dip. We'll find a place for you to help out at the Horse Farm Hundred or Santa Fe Century.

Gainesville Cycling Festival Entry Certificates

Will be mailed to you in early September. Please wait for yours before entering the Festival. The Certificate has your GCC discount, and allows you to order special T-shirts not available to non-members. It also has a place to volunteer! See page 5.



From The Editor

Roger Pierce

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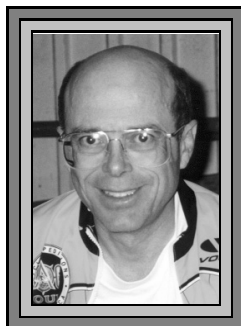
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GCC Web Page

gainesvillecyclingclub.org
gainesvillecc.org
gccfla.org



We continue to be blessed with some fine writing by local GCC members. It is always better to read about what is happening

locally, rather than have to rely on canned stuff sent by other organizations.

This month Kris Williams has profiled Robert Stevens, who has a truly unusual story. Don't miss reading it!

Nancy LeVake has submitted her second installment on her adventures in the GCC Brevet Series.

And, as we approach the Gainesville Cycling Festival, there is a lot of stuff about our preparations for that event.



Gainesville Cycling Festival

Roger Pierce, Director

In 2005, we shattered all records for the Gainesville Cycling Festival, with 937 riders. 730 started the Horse Farm Hundred, and 416 the Santa Fe Century (209 of those did both events). We also had a record number of volunteers (33) that helped out during the weekend.

The event this year is deep in October. We'll be ramping up our big effort about two months before that, in late August (when I get back from vacation). We'll probably need even more volunteers this year as our event continues to grow. Helping out can be an exciting and rewarding experience.

A Note About Membership Renewals

Individual dues for a year of membership in the GCC has been \$15 for a long time (\$20 for a family). We currently expect that to continue for a while as long as the Gainesville Cycling Festival continues to be successful.

family) for each additional year that you sign up for each time your renew at the regular \$15 rate. We do this to cut down on the administrative workload associated with membership renewal.

We offer an incentive to get you to join for multiple years at a time by offering a special rate of \$12 (\$15

Every year, one or two of you attempt to renew by sending in only \$12. This only gets you an 8 month membership, and means we need to do it all over again that much sooner!

President's Letter

Be Pragmatic... Stay Alive

It's a dangerous world out there for cyclists, many of our members know this all too well. While cycling on the road we have to be ever vigilant of drivers who are not paying attention or may possibly be impaired and not even notice us even as they fly by.

However, more dangerous are drivers who are not fond of cyclists and may intentionally make it dangerous for us. People suffering from this kind of "road rage" are a danger to all and should be removed from the roads.



Unfortunately, it's a sad fact of life that any time a 3,000 pound car takes on a 20 pound bicycle we are going to lose 100% of the time. People with this type of attitude usually weren't born that way however. They may have had an incident with an ill-mannered cyclist at some time.

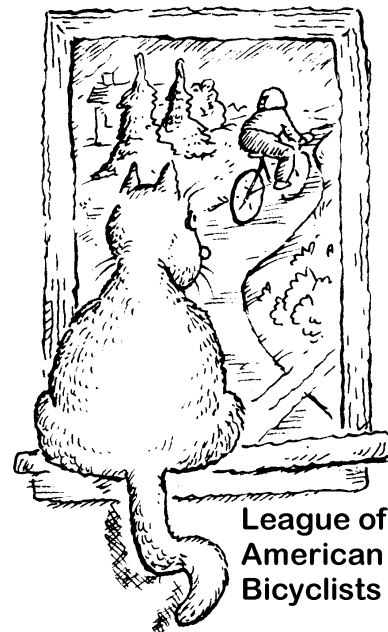
It's important to realize that sometimes the fault may lie with us.

The Club Information area on the GCC web site (<http://gccfla.org/>) includes a page on Florida Bicycle Laws. At the bottom, there is a link to the State of Florida web site that has a more comprehensive discussion of these laws.

We are not immune. Riders have been known to occasionally venture out of bike lanes, ride more than two abreast (in violation of Florida state law), and even intentionally impede automobiles and not let them pass. I am personally aware of instances where local police agencies have been called regarding this type of behavior (citations could be forthcoming in the future).

When riding please not only obey the traffic laws but be courteous and respectful of everyone as well. Every little bit of goodwill we show motorists will help shape their opinion of cyclists and that alone will contribute in some manner to our safety on the roads. May we all log many safe miles and not experience any injuries or even close calls.

Bob Newman



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Robert Stevens

Some GCC members ride 10-12 miles, some 100. Many ride, run, swim and compete. Not so many have done six Ironman races (2.4 mile swim, 112 mile bike ride, 26.2 mile run). Robert Stevens has.

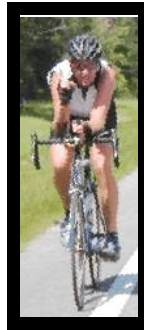


Photographs by Rob Wilt

Fifteen years ago the head neurologist at the Jacksonville Mayo Clinic told Robert he had Multiple Sclerosis (MS), a central nervous system disease that affects motor skills and can cause many types of symptoms. Regular exercise may help deal with those symptoms and Robert started running, then added swimming and biking, spurred on by his older



brother Danny, a triathlete. Robert says, "...Made a change in my life... started doing things I didn't used to do like running, swimming, biking....hey...sounds like a triathlon!! Which I started doing. Started out with small races, progressed larger and larger till I finally did an Ironman race. Since being diagnosed with MS I have run over 30 different Marathons around the U.S. and can't remember how many total Triathlons (do know there were 6 Ironman races though) and I've ridden my bike thousands of miles in many different states here in the U.S."



Robert rides a Trek 5200, averaging 20-25 mph over long distances. He tries to ride 90-100+ miles every Sunday morning. This year he's working on doing the Brevet Series with the Boston Montreal Boston 1200K this August. His best adventure took place last year riding the PAC Tour Eastern Mountains ride. Robert enthuses, "1700+ miles in 16 days with 112,000+ feet of climbing. Easy to sum

up the trip with one word...WOW!!"

Robert lives in Dunnellon and is a GCC member, as well as a member of the Chattanooga, TN bike club (great riding there also!). As Robert says, "Love riding in Colorado. The Chattanooga, TN area is GREAT also, but, the riding we have here from Dunnellon to Gainesville through the Horse Farm area is hard to beat!!"

Robert Stevens keeps on running, riding and swimming, in many ways an inspiration to those with MS. May his two wheels continue to take him to great distances and new challenges.



- Adventure Cycling



Huan, Conchi & Paula at a Gainesville Chamber of Commerce "Chamber After Hours" event held at RTI in Alachua on 7/20/06. It's interesting to see a group of GCC riders not wearing riding clothes for a change!
Photography by Richard Ritari

Horse Farm Hundred

CALL FOR VOLUNTEERS

The Gainesville Cycling Festival, which incorporates our own Horse Farm Hundred and the Saturn Santa Fe Century which benefits the Boys and Girls Club, is coming up soon.

To successfully pull off a major two day event such as this we need a significant number of volunteers to pitch in and help. Most of those are needed on the actual weekend of the event, but there are a few jobs that will need doing in the days prior.

How to Sign Up

You will receive an Entry Certificate in September that has entries on it for volunteers to fill in. CALL Roger Pierce **after August 24** (378-7063) to get a volunteer slot BEFORE sending in the Certificate to volunteer. The Certificate reserves your volunteer T-shirt. All day-of ride volunteers will receive a ride T-shirt, and those working multiple or long shifts will also be eligible to ride the Horse Farm for free (or the Santa Fe if your shift is during the Horse Farm).

You can sign up at the Labor Day Picnic, our gala Volunteer Party to be held on September 16th (see front page for details), or call Roger Pierce. Calls prior to August 24 to Roger Pierce will be LONG DISTANCE!

Leadership Positions

We are looking for a few persons to



help in event preplanning and management. We need to fill these positions so that we can spread the workload and not overburden just a few of us. Call Roger Pierce if you can do one of these jobs.

Course Marshals for the Horse Farm Hundred and Santa Fe Century. Assigns SAG drivers to various shifts during the event, and ensures that the course is signed and ready to ride.

Registration Entry Person. Help the Registrar enter ride registrations into the computer.

Day of Ride Jobs

We will need people to help with four basic functions during the rides:

REST STOPS. Hand out food and water during the Horse Farm Hundred at Morningside Nature Center, Irvine, the lunch stop, or the trail stop, and

during the Santa Fe Century at the end of Millhopper Road, in High Springs, Watermelon Park, Worthington Springs, and DeSoto Park in Hague.

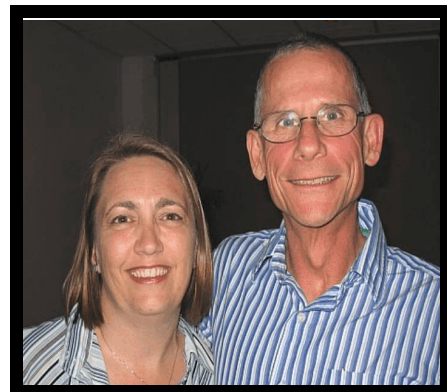
REGISTRATION. We will be open Friday evening, Saturday morning and afternoon at the Boys Club, and Sunday morning at Morningside and in Irvine.

SAG. Drivers will be needed for both the Santa Fe and Horse Farm.

COURSE. We need people to put out directional signs and paint the roads.

Prime positions at the packet stuffing party will also be up for grabs!

You can check on exactly which jobs are available by going to our web site and checking the Festival Volunteers page in the Members Area.



Rennie and Bob Mills
See page 6 for the story!

T-Shirt Design Contest

Design a T-Shirt for the Horse Farm Hundred or the Santa Fe Century and win two of the shirts and free entry to the Festival.

For the Horse Farm Hundred, your designs should incorporate both cycling and horse themes. The words "Gainesville Cycling Club" and "Horse Farm Hundred" must be included or space accounted for to accommodate them. We may alter the font to substitute our event signature fonts. "2006" and "26th Annual" should also be used. Designs must fit within an 11-inch box, and must be original work.

For the Santa Fe Century, we normally use a two color design on the front. This shirt has a lot of words on it, so you should be doing a design that will use them in your design. The prominent event title is "2006 Saturn Santa Fe Century." Other words are "Millhopper Ramble" and "Ride for Kids" (which uses the quotes). We will insert the Saturn of Gainesville logo across the bottom of the design (leave one inch on the bottom for this). You may incorporate the Santa Fe Rider, but

since he will be on the back, he is not mandatory. You can download a copy of the rider graphic at:

<http://gccfla.org/gcf/gcfigif/sferider.gif>

The optimal designs will be black on white drawings with fully enclosed areas to which we can apply colors (4 for Horse Farm, 2 for Santa Fe). Submit a copy of the drawing without colors or required wording, and a second copy with suggested colors and word placement. If possible, submit the black and white design as a vector graphics computer file (email to roger@gccfla.org).

All entries become the sole property of the Gainesville Cycling Club, Inc. The Club may use the entries in any manner that will further the purposes of the Club without further compensation. This contest is open to all GCC members.

The submission deadline is September 15. Mail to the club address or deliver to Roger Pierce.

Livestrong Challenge

My name is Rennie Mills. This year I am celebrating 30 years of living cancer free since my diagnosis and above knee amputation. In gratitude of this milestone my husband, son and I are planning to participate in the Livestrong Challenge bike ride in Austin, Texas. We are raising funds for the Lance Armstrong Foundation to support those who are living with cancer and the many others that will be diagnosed in the future. I would like to make a strong statement about overcoming cancer by completing the 100 mile ride this October. Please consider helping us help others by donating to the Lance Armstrong Foundation. You can donate online at (copy to a single line):

Livestrongchallenge.org/06TX/rennie62

All funds donated go directly to LAF. Thank you for your support.

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Florida

Bicycle Touring Calendar

(VERY ABRIDGED)



See the complete calendar on the World Wide Web at <http://www.floridabicycle.org/fbtc/>

August 12-13

Suwannee River State Park, FL

Dog Days Pedal & Paddle

Saturday morning will start off with either a fun ride at Anderson Springs, Big Oak or along the scenic country roads. Saturday afternoon, we will float down the Suwannee/Withlachochee River in inner tubes. Bring a covered dish for the Saturday evening pot luck dinner. Make your hotel or camp site reservations today. This is a great event to introduce your friends to the SBA as it has no event fee. Suwannee Bicycle Association, PO Box 247, White Springs, FL 32096.

September 2 (Sat)

Kingsland GA

Catfish Festival Rides

25 and a 50 mile ride, 7:30 AM.

September 2-4 (Labor Day weekend)

Sebring FL

Tour of Sebring

24th Annual. Produced by the Kenilworth Lodge. Take a Labor Day Weekend mini-vacation. Daily 62, 30 and 12 mile rides, plus the traditional Bok Tower Century on Sunday. Discover the natural beauty of the rolling hills, citrus groves, cattle ranches, small towns, and lakes of scenic Highlands County. Road riders will especially enjoy the low-traffic back roads. Fully supported with well-stocked rest stops, sag vehicles, and great road markings and maps. Continental breakfast and full mid-day meals are included each day. Key West Poolside Party on Saturday night. Linda Leeds, Event Director, 561-683-2851. Hotel reservations at 1-800-423-5939.

September 2-3

Savannah GA

Historic Savannah Bikefest

Phone: 912-826-1843 or 912-665-0854 (Cell).

September 9 (Sat)

St Augustine FL

5th Ann'l Patriots Memorial Bike Ride

This bicycle ride is to honor the victims and heroes of September 11th 2001. It is 91.1 km on four lane highways and scenic country roads. Please wear red, white & blue to honor the day. We will have a short Memorial Ceremony starting at 6:50 a.m. Please be parked and ready to roll by that time.

September 9 (Sat)

Indian Harbour Beach FL

Brevet Series South: 200 km / 125 mi "Coastal A-1-A & Banana River, Melbourne – Cocoa Beach"

Michael Grussemer, RBA, (239)549-7459. CELL (239-699-9548)

September 10 (Sun)

Baldwin FL

Endless Summer Watermelon Ride

The North Florida Bicycle Club is proud to present the 17th annual Endless Summer Watermelon Ride, a classic one-day bicycle event designed for the touring cyclist. The routes are very flat, fast and fun. All ride routes are in the countryside and traffic is very light. The century routes pass the Okefenokee Swamp and travel to Folkston, Georgia before returning to Baldwin, Florida.

September 16 (Sat)

Albany GA

3rd Annual Nut Roll

Sponsored by The Pecan City Pedalers - Ride benefits The Parks at Chehaw Education Center – Ride options 30, 46, 62, and 102 miles. Registration opens at 7 am at The Parks at Chehaw. Ride begins at 8:00 and routes are mostly flat with a few gentle rolling hills. All routes are fully supported, and clearly marked. Map and cue sheets will be given to each participant. Lunch will be provided. Pre-Registration: \$25.00 (If received before 08/25/06, you will be

guaranteed a t-shirt.). After Pre-Registration ends: \$30.00 Showers are available after the ride. Jim Anne Brett, 2006 Nut Roll Director. Phone (229)432-1743.

September 16-17

St Augustine FL

20th Annual PGA Tour MS 150 Bike Tour

904-332-6810/1-800-FIGHT-MS to register.

September 24 (Sun)

Dahlonega GA

Six Gap Century and Three Gap Fifty Bike Ride

Sponsored by the Dahlonega-Lumpkin County Chamber of Commerce and the Bicycle Association of North Georgia. This Challenging ride ascends and descends three to six of the steepest climbs in the beautiful North Georgia Mountains. The Six Gap Century ride is 100 miles with over 10,700 feet of vertical climbing. The toughest climb is Hogpen Gap, which averages 7% for 7 miles, with sections as steep as 15%. The Three Gap Fifty alternative, although shorter, is still a strenuous ride. The rides begin at 7:30 a.m. at North Georgia College and State University. To request registration forms or to get more information about the bike ride and lodging, call or write the Dahlonega/Lumpkin County Chamber of Commerce, 13 South Park Street, Dahlonega, GA 30533 - 800-231-5543.

October 21 (Sat)

Gainesville FL

Saturn Santa Fe Century

October 22 (Sun)

Gainesville FL

Horse Farm Hundred

Red face First 200k Report

I rode my first 200k brevet yesterday. I realize now that I was praying for the wrong thing. Instead of asking for no rain, I should have been asking for no wind. So I got a beautiful sunny day, 45F in the morning, 59F in the afternoon, with a 30 mph wind!! It was all the radio stations could talk about on my way to the ride...

Other than that, it was a good day. I hadn't been all that worried about the distance, because I knew I could ride 105, so what was another 19 miles...The time limit is 13.5 hours. So much to learn, about getting my card stamped, and controls, and secret controls...And riding with a cue sheet, not a permanently marked Century ride! My greatest fear, other than rain, was getting lost. So I spent hours at work Friday, going over the route on Yahoo Maps, printing out and highlighting sheaves of paper, which I never looked at, but was happy to have as a back up, and I found studying them Friday, like studying for a test, made the "exam" on Saturday a piece of cake! I knew in my head what the route looked like, and which direction I was supposed to be going at all times, and the general shape and configuration of the route.

I didn't know what I was going to need/want, in terms of clothing and food, so I had this rather large bag on my rack filled with snacks, sushi, choc milk, knickers in case the wind pants got too warm (not an issue) and a wind vest in case my jacket and wind jacket got too warm (not an issue). All I ended up removing was my jacket, leaving a wind jacket, arm warmers and a LS jersey, and my windproof gloves.

I stayed with the lead pack (!!!) for about 20 miles, until it all split up when people stopped to pee. Then I ended up riding with a 70ish man who saved me from the head wind. Imagine a rectangle, lying on its side. The first leg was West, with the wind directly out of the West. On my own, I was struggling

to maintain 12 mph, and behind the Windblocker, could maintain 16, but he was working his butt off. He left me at the first control, at 40 miles.

I navigated my way to the town of Williston, where I saw traffic cops blocking traffic at the light. All this for us?? In fact, the whole road was blocked, but luckily they let us through. I heard talk of a parade. And there it was, going the opposite direction. Two fire trucks, sirens going, an honor guard with a flag, then, curiously, cars and cars full of black people only, and many walking along. Ok, Martin Luther King Jr. parade. Somehow, it seemed kind of depressing, almost funereal.



Then a nice Southbound short leg, and a nicer long Eastbound leg. I was amazed at how rural the ride was- how undeveloped Florida is. You hear all the time about people moving here, and things getting developed, and the Everglades being ruined, but here I was, riding 124 miles, in pretty much wilderness. A ramshackle house here and there, a few tiny towns, but no gas stations, stores, communities, signs of civilization. It was just me and the live oaks and the swamps and the pine farms and the wind. Lots of multi million dollar horse farms on the Southern leg, though.

Then came a horrifying Northbound leg to the control at 80 miles. There were 63 riders, but I only saw a group of four recumbents, passing me, and someone in orange a long way ahead, who I would almost catch if I could stay in the aero bars, but I couldn't, because the wind from the

side was so strong it would almost blow me over, and I needed to have my hands on the bars.

I ate my sushi lunch at the 80 mile control. Took off my shoes and felt my frozen feet unthaw for the first time in 6 hours. Did I mention that my nose ran non-stop for the entire ride, (did you know wind can blow so hard it can blow the snot right away from your nose???) and though I have never been a snot-rocket proponent, I just had to try. But was not really successful, since I could only manage to get it as far as my sleeve...I felt like I had been rubbing sandpaper under my nose for hours, and every square inch of the terry on my gloves was saturated. Geez...

Then came the "wonderful" West/North/West/North zig zag for about 20 miles. The wind, combined with the hills, was horrifying. I was down to 6 mph in my granny gear! I could feel it blowing me backwards. I never saw another rider from 80 miles to the end. BF kept calling and e-mailing and telling me to hurry up and it must really suck to be me. I stopped to answer the phone in a gorgeous place- under the live oaks, across the road from a flock of about 100 Sandhill cranes- our winter visitors. When I saw them from a distance, I thought at first they were sheep, they are so big! There was one last huge hill, due West, into the wind, which never abated all day. I made it up, then stopped for a bottle of chocolate milk. Then a jaunt North, then a turn to the east, and I was flying! Or, I would have been, if I didn't

Nanci LeVake has earned her 2006 Super Randonneur Award by completing the 200k Brevet in Clermont in June. (The Gainesville 200k in January didn't count toward the award since I wasn't a member of RUSA in January- I didn't know how much I was going to love brevets!!)

have quads of jelly.

Went through the little town of Micanopy, and came to the Secret Control at 110 miles. The guy wanted to talk, but I just wanted to be done. He said the guy that whizzed by me a minute ago didn't stop- but he probably wasn't part of the ride, he didn't look like a randonneur (does that mean I do??).

Finally, the turn on to the Gainesville-Hawthorne Trail for the last seven miles. I couldn't even get up to 15 most of the time. Riding time- just under nine hours. 14 mph average speed. I thought, as I was coasting in, now, could I run a marathon right now? I don't think so. I don't even think I could walk it. Anyone who does Iron-distance racing-you're tough. When I got back, they had a nice dinner, snacks, drinks, but the cell phone was ringing off the hook. BF wanted me home, where he had made a meal of chicken tacos and bought a special bottle of wine and chilled it for

me. My quads hurt more than I think they ever have. I wanted so much for someone to come take me home. I had a short fantasy of asking the kid in the car next to me if he would pack up my bike if I gave him all my dollars and change. The drive, when I finally got going, wasn't so bad. The hot bath felt wonderful. I made it till 9:00, but couldn't manage to read in bed.

This morning, I feel ok. Knees hurt a little. (Thank God they didn't, on the ride!!) Quads a little sore. Neck ok. Diaphragm and ribs, ok. I have promised my neck I will go buy it a memory foam pillow, since it has been hurting all week. I wonder why I felt so crappy at the end, yesterday. I'm sure I was trained enough. I never felt anywhere near that sore in a Century. Could it have just been battling the wind for so many hours? I stood a lot more than usual, because that was simply the only way to get up hills, no matter how tired I was. Usually when I'm tired, I avoid standing, but if I tried

to just spin up, I'd make no progress at all. It actually felt good to stand, until my quads were momentarily depleted. Hmm. I would like to go for a recovery ride this morning, only it is 30F, and I don't feel quite warmed up from yesterday.

By the way, I thought I had solved the cold feet problem by putting chemical toe warmers in my shoes. I was in heaven for about two hours, then the warmers lost their heat, and I was cold the rest of the day. I saw lots of PI foot and toe warmers out there. I'm thinking I still want the real winter cycling shoes, though.

Anyway, that was my adventure. I was thinking about the 300k next month, but at this point, it hardly seems possible. Or was it just the wind?? How on earth do you train for that distance?? I'm going to have to do some research...

To be continued next newsletter:
Part 3 The 300K Brevet

Building a Better Bicycle Network Workshop

By Kiara Winans

Co-sponsored by Florida Bicycle Association and Bike Florida, and hosted by Alachua County Bicycle Alliance.

Place:

The Florida Community Design Center
300 E. University Ave. Suite 110
Gainesville FL 32602
Phone (352)334-7111

Date:

August 31, 2006 Time: 6-9 PM

Who is this workshop for?

Local Elected Officials; City and County staff; parents/guardians who want to make a safe place for children to bicycle to and from school, parks, places they want to go; and local organizations that aim to improve our local/regional bicycle network. What is the purpose of the workshop? To support improvement of the local/regional bicycle network for reasons of, including, but not limited to, increasing bicycle transportation and recreation opportunities in coordination with new development,

in-fill development, land trusts, neighborhood/community programs, and energy consumption reduction programs.

Workshop Agenda

Herb Hiller Presentation: "Bicycling and a Broader Florida Vision"
6:00 - 6:30 PM

Robin Turner Presentation: "Office of Greenways and Trails - Opportunities Maps: What They Are & How They Are Used"
6:30 - 6:45 PM

Martin Gold Presentation: "Bicycle Master Plan Addendum: Conceptualization & Map: Overview & Priority Projects"
6:45 - 7:20 PM

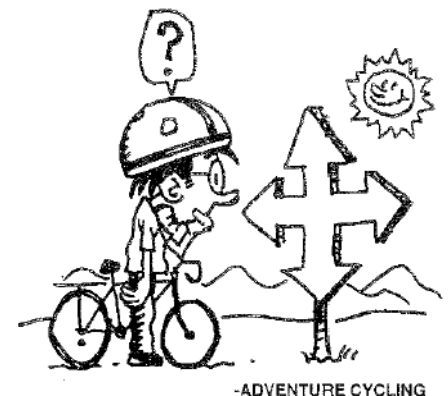
[15 min. break]

(50 min.) Discussion w/ viewing of the overlaid map: Current Gaps in the Regional and Local Bicycle Network; Question: Are the Priority Projects Prioritized in a Way that Will Close the

Gaps in the Bicycle Network?; Next Steps: Steps toward creating the links, e.g., Martin Gold's Fall studio and new LDRs.
7:35-8:25 PM

Honorable Commissioner Mike Byerly Presentation: "LDRs and New Development in Unincorporated Areas"
8:25 - 8:45 PM

Final Comments and Questions:
Remaining 15 minutes



Brevet Series Results

Jim Wilson Reporting

The results are back from France, and so it's official! These riders have been immortalized in the annals of the Audax Club Parisien. Congratulations on 40,000 safe kilometers of endurance cycling.

Don't forget, 2007 is a PBP year. Plan now to ride a qualifying series so you can be part of the oldest cycling event on earth.

Name	Home		200	300	400	600	Name	Home		200	300	400	600
Andy Akard	Atlanta	GA	x	x			David Miller	Columbus	OH			x	
<i>Barb Bergin</i>	Gainesville	FL		x	x	x	Kathy Murphy	Orlando	FL	x			
Timothy Bol	Maitland	FL	x				<i>Cathy Nixon</i>	Seabrook Island	SC	x	x		x
Dan Bolton	Orange Park	FL		x	x		<i>Richard Omer</i>	Gainesville	FL	x			
Buddy Boyd	Fernandina Beach	FL	x	x	x		<i>James Ossa</i>	Gainesville	FL				
Gene Broomfield	Sunrise	FL	x				<i>Paul Palmer</i>	Columbia	SC	x	x	x	x
Ben Burgess	Agusta	GA	x				Al Pless	Athens	GA	x			
Lisa Butkus	Orlando	FL	x				Walter Poley	Jacksonville	FL	x	x		
<i>David Buzzee</i>	Dublin	OH	x	x	x	x	David Roderick	Groveport	OH	x			
Efrain Camacho	Pembroke Pines	FL					<i>Ellen Sayers</i>	Gainesville	FL	x			
<i>Paul "Skip" Choate</i>	Gainesville	FL	x	x	x		<i>Eric Sayers</i>	Gainesville	FL	x	x	x	x
Dan Cochran	Titusville	FL	x		x	x	Jeffrey Schlactus	Knoxville	TN		x		
Charles Coldwell	Sommerville	MA		x	x	x	<i>John Schlitter</i>	St. Petersburg	FL	x	x	x	
Robert Coldwell	Gainesville	FL	x	x	x	x	Tyker Scriven	East Point	GA	x			
<i>Jay Copp</i>	Seminole	FL			x		Richard Seebode	Columbus	OH	x			
Phil Creel	Columbia	SC	x	x		x	Paul Smith	Charlotte	NC	x	x		x
<i>Tom Cross</i>	Atlanta	GA					Jim Solanick	Lake Worth	FL			x	x
Josh Darfus	Bremen	OH	x				<i>Danny Stevens</i>	Dunnellon	FL	x	x	x	x
<i>Richard Elliott</i>	Macon	GA	x	x	x		<i>Danny Stevens, Jr</i>	Dunnellon	FL	x	x	x	x
James W. Flick	Crystal River	FL	x				<i>Robert Stevens</i>	Dunnellon	FL	x	x	x	x
<i>Joe Fritz</i>	Panama City Beach	FL	x				Troy Timmons	McDonough	GA				x
James "Bo" Gains	Decatur	GA	x				<i>Ben Tomblin</i>	Gainesville	FL	x	x	x	
<i>Andrew Gill</i>	Gainesville	FL		x			<i>Andrea Tosolini</i>	Gainesville	FL	x	x	x	x
Woody Graham	Columbia	SC	x	x			Dan Wallace	Winter Park	FL	x		x	
Michelle Havens	Athens	GA	x				Jim Weber	Ft. Benning	GA	x			
Chris Kaiser	McDonough	GA	x	x			Wesley Wilmer	Roanoke	VA		x		
<i>Nanci LeVake</i>	Alachua	FL	x	x	x	x	<i>Jim Wilson</i>	Gainesville	FL	x	x	x	
Paul Links	Snellville	GA				x	<i>Michael Wohl</i>	Gainesville	FL	x	x		x
Tom Marchand	Jacksonville	FL	x	x	x	x	<i>Bill Wolff</i>	St. Petersburg	FL	x	x		
Garrett Marecki	Atlanta	GA	x	x			<i>Mark Wolff</i>	Jacksonville	FL	x	x		
Greg Masterson	Stone Mountain	GA	x				<i>(Note: GCC members italicized)</i>						



Paris-Brest-Paris, circa 1895 -- They've paved the roads since then

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The Gainesville Cyclist is published bi-monthly with cover dates of even-numbered months. All submissions are welcome. Classified ads will be run free-of-charge for club members; email or mail to the editor. Ads are \$20 for a standard size ad, \$40 for a quarter page ad, and \$80 for a half page ad. A one year (six issue) subscription for standard size ads is \$100.

AD GRAPHICS

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OCTOBER DEADLINES

Ad copy needing setup work
September 13
Articles and classifieds
September 17
Ads in GIF or TIFF format
September 20

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GCC Jerseys

It's time to stock up on GCC Jerseys and shorts for the 2007 riding season. We will be placing an order in early September for November delivery.

Full information about the jersey, including fabrics, styles, and options, is available on the GCC web site.

To produce an order form, use the automated process on the GCC web site. If you do not have an internet enabled computer, you can access one at the public libraries. If you do not have a printer, you can copy the information on the order form by hand (it is not overly verbose).

The form is not electronically transmitted; it must be mailed with a check. The mailing deadline is Sep 1.

We do not expect to do another

order before the fall of 2007.



Jersey Sponsors

Bike Route
Celtic Property
College of Veterinary
Medicine
Davis Monk Financial Group
ERA Ryan Saylor, The
Cyclists' Realtor
Fit for Life Physical Therapy
State Farm Insurance, Perry
C. McGriff, Jr., Agent

GCC Web Site:
<http://gccfla.org/>

BUSINESS SPONSORS

These businesses provide discounts to club members who present their yellow membership card or the back page of their newsletter (with expiration date):

Bike Route	10%	374-4550	3429 West University Avenue (Westgate Regency)
Bikes & More	10%	373-6574	2113 NW 6 th Avenue
Chain Reaction	20%	373-4052	1630 West University Avenue
Gator Cycle	10%	373-3962	3321 SW Archer Road
Mr Goodbike	10%	336-5100	425 NW 13 th Street
Recycled Bicycles	10%	372-4890	805 West University Avenue
Spin Cycle	22%	373-3355	425 West University Avenue
Streit's Schwinn Cyclery	10%	377-2453	4421 NW 6 th Street
Susan Bridges Massage	10%	262-8240	901 NW 8 th Ave, Suite A1

Some restrictions apply, ask for details at the store.



Gainesville Cycling Club

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Gainesville FL 32605-3435

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Club Affiliate



AUGUST 2006 ISSUE Mailing label with expiration date identifies current member.

2006 Gainesville Cycling Festival - 21-22 Oct - Santa Fe Century - Horse Farm Hundred

Welcome New Members!

DeLene Beeland	Gainesville FL
Mike Bergin	Gainesville FL
Richard Brazzel	Gainesville FL
Natalie Brooks	Gainesville FL
Ed Burns	Gainesville FL
Gerardo Castaneda	Gainesville FL
Tim Clark	Gainesville FL
Neal Cohen	Gainesville FL
Chad Dailey	Gainesville FL
Vickie Dearing	Gainesville FL
Juan DeCastro	Gainesville FL
Tom Dickinson	Gainesville FL
Paul Favara	Gainesville FL
Michael Foote	Williston FL
Sheryl Foote	Williston FL
Candice Gatch	Ocala FL
David Gatch	Ocala FL
Nancy Henry	Gainesville FL
Kevin Horn	Gainesville FL
Vivian Jenzio	Gainesville FL

Ralph King	Gainesville FL
Corinne Lipnick	Gainesville FL
Ian O'Connor	Gainesville FL
Lawrence O'Toole	Gainesville FL
Bjorn Rindal	Gainesville FL
Alicia Rudin	Gainesville FL
Victor Rush	Gainesville FL
Kim Schares	Gainesville FL
Herb Shriver	Gainesville FL
Peter Sleasman	Gainesville FL
Michael Steinberg	Gainesville FL
Miriam Steinberg	Gainesville FL
Zachary Steinberg	Gainesville FL
Suza Talbot	Gainesville FL
Chris Taylor	Gainesville FL
Erik Wikstrom	Gainesville FL



We currently have the 2007 Gainesville Cycling Festival scheduled for October 20-21. This is an away SEC game for the Gators, so this date should be firm. The 2008 dates are also scheduled, October 18-19.