

Club Happenings

August 20 (Sat)

Festival Volunteer Party, 4 pm

Meet at George & Lee Edwards', 6706 NW 18th Ave (from Newberry Road, turn north onto 69th Terrace at the Red Lobster, then right onto 18th Ave). The club will have a main course and sodas, bring a side dish. Bring a swim suit if you want to take a dip. We'll find a place for you to help out at the Horse Farm Hundred or Santa Fe Century.

August 27 (Sat)

8th Annual Gliders Training Century, 7 am

Meet at the Hunters Crossing Chevron for a run over the Santa Fe Century course. Stops in High Springs, Watermelon Park, and Worthington Springs. This is a regular club ride – no sag support. Gliders pace (average speed around 19 mph). If you anticipate problems maintaining Gliders pace, print out a Santa Fe Century map from the web site.

September 5 (Mon)

Labor Day Rides and Picnic

Meet at Boulware Springs at 8:00-8:15, rides start at 8:30. There will be a variety of road rides and a group may go to Gum Root Swamp city park for off-road adventures. A picnic is featured at noon, please bring a healthy and delicious side dish to complement the selection of grilled flesh provided by our Lantern Rouge, Chandler Otis. The Gainesville Hawthorne Rail Trail is located at Boulware Springs, so rides can easily access the trail. Boulware is on SE 15th Street in southeast Gainesville.

September 17 (Sat)

**Hawthorne Trailhead Gardens
Full Moon Festival**

4 pm til 8 pm. The Friends of the Gainesville Hawthorne Trail (FroGHaT) and Paynes Prairie State Preserve invite you to attend this grand opening of their new Trailhead Garden. Included are: food vendor, live music, and a silent auction for sponsorship of garden benches, picnic table, and trees that will assist in funding the garden site. Come enjoy: trail hayrides, ranger led walks, and a full moon bike ride at 6:15 p.m. for all kinds of riders.

September 29 (Thur)

Packet Stuffing Party

One of the fun things that you can volunteer to do to help out with the Gainesville Cycling Festival. There are a limited number of volunteer slots available for this event, so sign up early if you want to participate!

October 1 - 2

Gainesville Cycling Festival

The **Santa Fe Century** and the Silver Anniversary *Horse Farm Hundred*. Watch for details in the mail in early August.

Gainesville Cycling Festival Entry Certificates

Will be mailed to you in early August. Please wait for yours before entering the Festival. The Certificate has your GCC discount, and allows you to order special T-shirts not available to non-members. It also has a place to volunteer! See page 5.



GainesvilleCycling Club Inc. Board of Directors

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Barb Thomas

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Event Supplies Manager

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diann@piercepapes.com

GCC Web Page

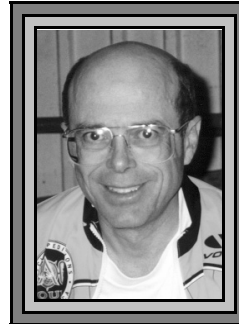
gainesvillecyclingclub.org

gainesvillecc.org

gccfla.org

Kris Williams has produced her second installment of "GCC Rider," this issue featuring Dave Wagner. Dave drew up the articles of incorporation for the club back in 1991 shortly after we both retired from the military and settled in Gainesville.

Velvet Yates has started her series on Gainesville's bicycle stores with our jersey sponsor, The Bike Route.



Suzanne Newman has contributed another travel piece, this time telling us all about Guana River State Park.

Please note that the deadlines for the next newsletter are a bit early in September; the plan is to have the next issue on the street well before the Gainesville Cycling Festival kicks off on October 1st.

Gainesville Cycling Festival

Roger Pierce, Director

We still need a few people to step forward to help out with the up front planning for our aid stops. If the club is unable to do this planning, it is unlikely that we will be able to continue putting on a two-day event (or any event) of this magnitude. Please give me a call if you can help out (or know of someone I should try to draft!).

Otherwise, registration is all set up, and we have already had a number of entries. Our first registrant in the mail

was Dr John Saranko, who has only missed riding both centuries one year since 1994!

The Boys and Girls Club is well under way in lining up their sponsors; if you know of a company that would be interested in sponsoring a rest stop on the Santa Fe Century, have them give Keith Blanchard a call at 372-5342, or email bgnw@alltel.net. The donation for this is \$350. Higher level sponsorships are also available.

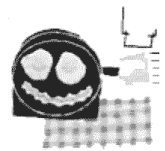
PJ's Cafe & Catering

Hitchcock's Square • US 301



Hawthorne, FL
(352) 481-4801

Owners: John & Lois



Weekday Lunch Specials • Breakfast Served All Day

Hours: Wed. - Mon. 8 a.m. - 4 p.m. • Closed Tuesdays

President's Letter

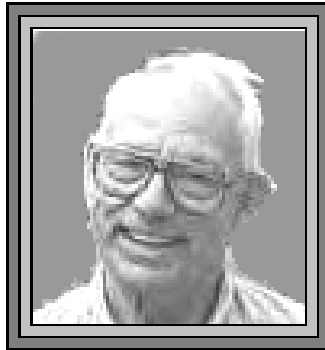
HERE COMES THE GAINESVILLE CYCLING FESTIVAL

I am always surprised when I look at the calendar and see that nearly a year has gone by and another Gainesville Cycling Festival is looming up on the horizon, this year on 1 and 2 October. The Festival is GCC's most important effort each year, and yields a significant amount of money which directly benefits every member - money that helps finance picnics, parties, and annual brunches.

More importantly, the Saturn Santa Fe Century provides important income for the Boys and Girls Club of Alachua County, our major charity. We who take so much enjoyment from our area have a responsibility to give something back to the community, so it is incumbent upon us to put on a good and successful Saturn Santa Fe Century. And a good Horse Farm is our gift to our fellow cyclists.

Soon you will be asked to volunteer to work one or both the Saturn Santa Fe Century and the Horse Farm Hundred. The GCC is a large and

successful cycling club, but we do not have the financial strength to hire workers for these events (wouldn't that be nice? What a dream.). The GCF is a major undertaking, with dozens of people staffing several rest stops, driving SAG vehicles, marking the course, packing trucks with supplies, registering the entrants, and the thousand and one other jobs which make the event go. We cannot do it without volunteers.



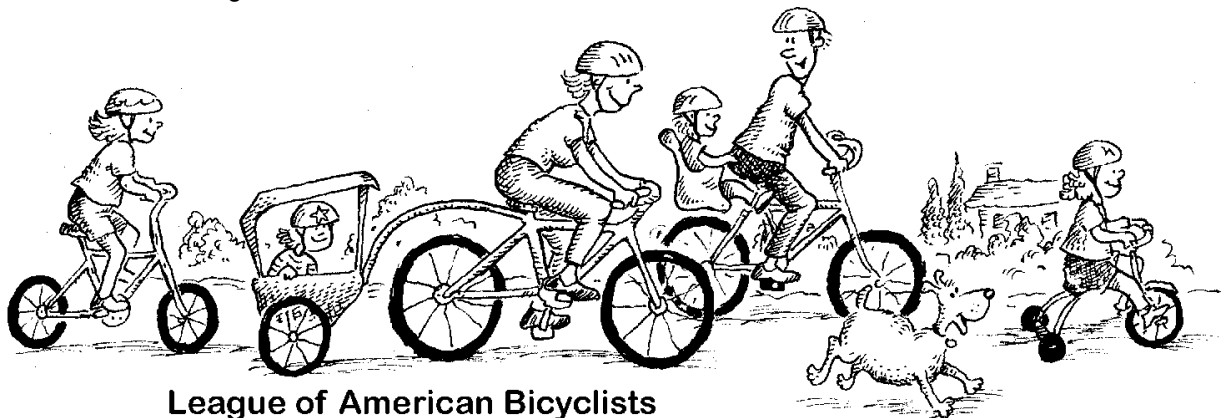
Please step up to the plate and volunteer to work. There will be a volunteer party on August 20 where you can sign up for specific jobs. Please come to the party and/or contact Roger Pierce after August 3.

Volunteering is a responsibility of club membership: It is also fun, and a good way to interact with fellow cyclists. If you are new to GCC, working these events is a good way to get to know the Club and other members. If you are new to the community, it is a good way to make friends in your new home.

Come on out and work on the Gainesville Cycling Festival - we will all have fun.

Regards,

George H. Edwards



League of American Bicyclists

Tour of Sebring, September 3-5, 2005

The West Palm Beach Bicycle Club has presented this event for 23 years. Last year, Hurricane Frances forced the Club to postpone the event. The re-scheduling resulted in a major financial loss to the Club. The WPBBC, founded in 1963, is the oldest bicycle club in the state, and we don't want it to meet its demise.

The Kenilworth Lodge is pleased to announce that it will present this event as a benefit for the West Palm Beach Bicycle Club, that is, all the proceeds from the event will be given to the Club to help it get back on its feet.

Linda Leeds, who, since 1999, runs three cycling events for the Kenilworth Lodge, and ran the Tour of Sebring for

the Club from 1995-1998, will be the event director, offering great routes, fine support and excellent meals, along with games, raffles, etc., and a congenial user-friendly atmosphere. For more information, contact her at lindamarie7@junoc.com; 561-683-2851, and check out the website: www.kenilworthlodge.com.

Guana River State Park

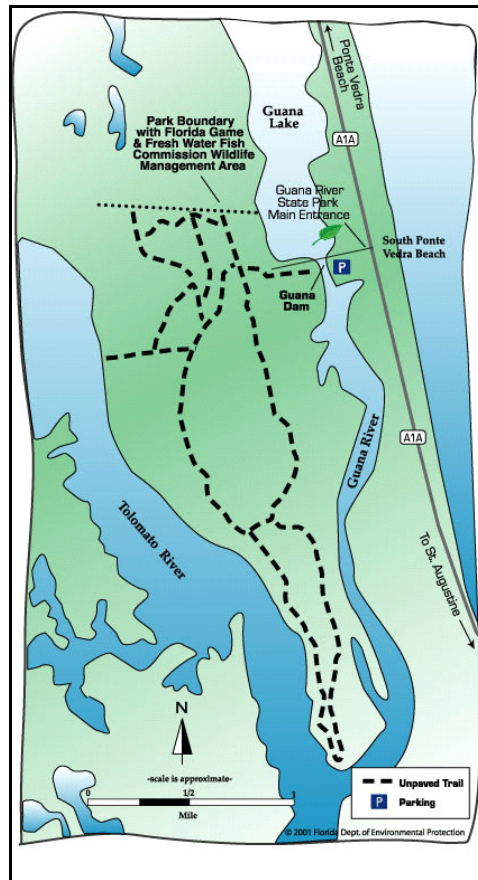
by Suzanne Newman

Located on A1A between South Ponte Vedra and Vilano Beach, Guana River State Park offers nine miles of recreational trails. We discovered it on Bike Florida a couple of years ago, so on a recent beach trip we checked it out.

The park is open 8 am to sundown. Not wanting to have a heat stroke, we arrived around 9 am. Our first test was getting through the entry gate. It was "manned" by a machine that took dollar bills only. It didn't take cards and didn't give change. Luckily, we scraped the \$3 together and the mechanical arm rose to allow our vehicle through. If you ride your bike, cyclists are charged \$1/each.

The park is on the marsh side of A1A between the Guana and Tolomato Rivers. The Guana dam apparently is a fertile spot for marine life as we saw people successfully fishing and crabbing. We proceeded west to the second parking area near the trails. There, the park provides clean restrooms and ample fresh water.

The unpaved trails vary from dirt roads to narrow paths. An



inexperienced off-road cyclist, I found the trails mostly easy to negotiate on my fat tire "city bike." I was glad that color coded trail maps were posted at every intersection.

The best part was the quiet. Although it was the busy 4th of July weekend, we only saw a handful of hikers and a couple of cyclists. We also saw an Indian shell mound and a trio of wood storks. The only downside was that in spite of using insect repellent, I picked up a couple of ticks.

If you enjoy hiking, cycling, fishing or nature in a safe (law enforcement present), unspoiled environment, the Guana River State Park is definitely worth a stop. Bring your own refreshments if you plan to stay long as the park has no concessions, although a convenience store is located just south on A1A. If you leave the park, however, be warned that you have to negotiate the dollar bill machine again to regain entrance.

Bike League News

June 20, 2005

League Elects New Board Members

Members of the League of American Bicyclists have elected W. Preston Tyree, Ellen Jones, Don Sparks and Harry Brull to serve on the board of directors. Each are elected to serve three-year terms, which will begin September 15, 2005 at the board of directors meeting during Cycle Oregon.

Tyree was re-elected at-large director, a national seat. He has served on the board since 2003, and an active bicycle advocate in Texas. Jones was elected to serve Region 2, which includes Delaware, the District of Columbia, Maryland, New Jersey, Pennsylvania and West Virginia. She served as executive director of the Washington Area Bicyclist Association

for 11 years, and is currently the director of transportation for the Downtown Business Improvement District in D.C.



Club Affiliate

Sparks was re-elected to serve Region 3, which covers Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, Puerto Rico, South Carolina, Tennessee and Virginia. He is the founding president of the Charleston Bicycle Advocacy Group and helped draft South Carolina

Department of Transportation's Bicycle Policy.

Brull was elected to serve Region 5, which includes Arkansas, Arizona, Colorado, Iowa, Kansas, Louisiana, Minnesota, Missouri, Montana, Nebraska, North Dakota, New Mexico, Oklahoma, South Dakota, Texas, Utah, Wisconsin and Wyoming. He is senior vice president at PDI, based in Minneapolis, Minn.

"I am excited about the new directors the membership has chosen," said outgoing League President Chris Kegel, owner of the Wheel and Sprocket bicycle shops in Wisconsin. "They are innovative leaders and strong bicycling advocates who will help the League continue to grow and exceed expectations in the coming years."

Horse Farm Hundred

CALL FOR VOLUNTEERS

The Gainesville Cycling Festival, which incorporates our own Horse Farm Hundred and the Saturn Santa Fe Century which benefits the Boys and Girls Club, is coming up soon.

To successfully pull off a major two day event such as this we need a significant number of volunteers to pitch in and help. Most of those are needed on the actual weekend of the event, but there are a few jobs that will need doing in the days prior.

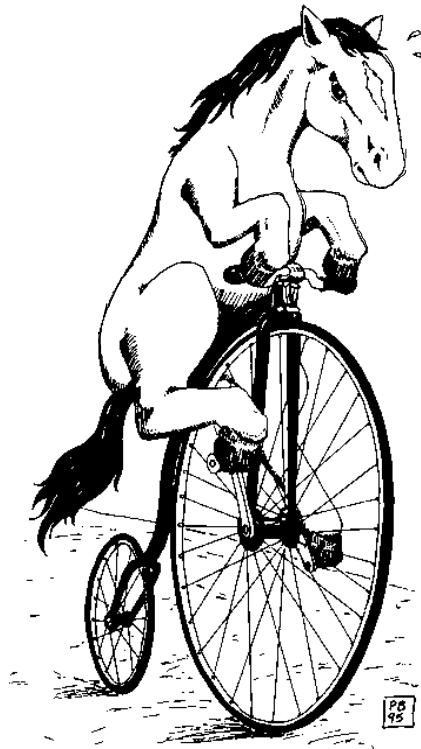
How to Sign Up

You will receive an Entry Certificate in August that has entries on it for volunteers to fill in. CALL Roger Pierce **after August 3** (378-7063) to get a volunteer slot BEFORE sending in the Certificate to volunteer. The Certificate reserves your volunteer T-shirt. All day-of-ride volunteers will receive a ride T-shirt, and those working multiple or long shifts will also be eligible to ride the Horse Farm for free (or get a reduced rate on the Santa Fe if your shift is during the Horse Farm).

You can sign up at the Labor Day Picnic, our gala Volunteer Party to be held on August 20th (see front page for details), or call Roger Pierce. Calls prior to August 3 to Roger Pierce will be LONG DISTANCE!

Leadership Positions

We are looking for a few persons to



help in event preplanning and management. We need to fill these positions so that we can spread the workload and not overburden just a few of us. Call Roger Pierce if you can do one of these jobs.

Course Marshal for the Horse Farm Hundred. Assigns SAG drivers to various shifts during the event, and ensures that the course is signed and ready to ride.

Aid Directors for the Horse Farm Hundred and for the Santa Fe Century. Organizes the activities of the rest stop workers and makes sure that supplies and equipment are where they are needed.

Day of Ride Jobs

We will need people to help with four basic functions during the rides:

REST STOPS. Hand out food and

water during the Horse Farm Hundred at Morningside Nature Center, Irvine, the lunch stop, or the trail stop, and during the Santa Fe Century at the end of Millhopper Road, in Watermelon Park, Worthington Springs, and DeSoto Park in Hague.

REGISTRATION. We will be open Friday evening at Saturn, Saturday morning and afternoon at the Boys Club, and Sunday morning at Morningside and in Irvine.

SAG. Drivers will be needed for both the Santa Fe and Horse Farm.

COURSE. We need people to put out directional signs and paint the roads.

Prime positions at the packet stuffing party will also be up for grabs!

You can check on exactly which jobs are available by going to our web site and checking the Festival Volunteers page in the Members Area.

QUIZ

Riders from the United States have won ten of the last twenty Tours de France. What were the nationalities of the other ten? (Hint: none were French!)

Find the answer on page 10.



The Bike Route

GCC Jersey Sponsor

On July 14, 2005, with the Tour de France being played on a large, flat-screen TV in the background, I sat down to talk with Doug Estok, the owner of Bike Route, and Ashlee Andrade, the Assistant Manager. (Ashlee was called away to help customers during the interview, so she added comments to Doug's answers afterwards.) Their responses below are paraphrases rather than direct quotes (since I don't take dictation).

Q: So how and why did you decide to open a bike shop?

Doug: Bike Route was originally opened in 1972 by Paul Corey, and the shop already had a large and loyal following when I purchased it in May 2004. I had a background in retail and sales, as well as being a cyclist, and I had thought for a while about opening a bike shop. The only question was whether to buy one or start one from scratch. So when the Bike Route was up for sale, it seemed like a good opportunity, since it was well-established and had a strong clientele.

Q: Tell me a little about who works here.

Doug: Our service Manager is John Harlan, an ex-racer with thirty years' experience and a personal following of his own; many customers have followed him from shop to shop when he has moved in the past. We feel honored to have him. Ashlee has been with the shop since December 2003; she has a background in triathlon, and an insight into the women's market, that have been really valuable. We also have Jorge Rojas, a long-time friend and associate, whom a lot of people know from his years with GRU and with the GCC. He works in both sales and service, as do Orlando Morales and Jake Smith, our resident 'weight-weenie geek.'



Q: What particular brands or products do you feature?

Doug: Cannondale has been the premier brand of the shop for years. The previous owner had dropped the brand when they ran into financial problems resulting from a failed attempt at diversification into the motorcycle/ATV market. That left a big hole in our product line, however. My predecessor brought in Felt, a high-quality company based out of California (Felt was originally a custom-only bike builder). I was still debating about bringing Cannondale back, or bringing in another brand. One Sunday while driving on Millhopper Road, I passed 12 cyclists, nine of which were riding on Cannondales. It was an obvious choice, since the shop was still strongly associated with Cannondale, the brand has strong name recognition, and the company was

making quality products and smart business decisions.

I'm really impressed with Cannondale's ability to make such a high-quality product domestically at a good price; that's amazing. They have only one bike that's manufactured abroad – that's their new full carbon fiber Synapse.

We still feature Felt, as well as Litespeed and Quintana Roo, which are fabulous brands. Litespeed is known for titanium frames, and QR for time-trial and triathlon bikes, and triathlon gear. (They're both divisions of the same parent company, ABG.)

We've recently picked up Scott, a U.S.-based maker with a huge following in Europe, and has recently returned to the U.S. market. For more 'family-friendly' bikes, we carry hybrid comfort bikes and kids' bikes by Jamis. We also have tandems, cruisers, and recumbents. I have kids myself, so I am attuned to the needs of families, and not just hard-core bike enthusiasts.



Longtime GCC member **Jorge Rojas**



Doug Estok and John Harlan

Q: What would you like Bike Route to be known for?

Doug: For a wide selection of 'top-shelf' products, casual products, and everything in between. I want customers to be able to come in and find anything they're after, regardless of price, quality, style or type of riding. We're also known for a wide selection of cycling clothing, and we'll be adding at least one new brand to our line. Our prices are very competitive with mail-order vendors (especially with the

GCC discount!), and it's much easier for a consumer to deal with a local shop than with a mail-order vendor, if there's a problem. Our service area is almost always full with repeat and new customers, but even so, we average a turn-around time of one day, thanks to the hard work of John, Jake and Orlando.

Q: What are your impressions of the Gainesville cycling environment?

Doug: Well, the GCC is impressively large for a town this size. [At this point, he invites the well-travelled John Harlan to share his thoughts.]

John: Gainesville is a smaller community, but has very good, accessible roads close by, and is pretty bike-friendly, especially with the increase in bike lanes. With the Gainesville-Hawthorne trail and the addition of bike lanes on 441 and 241, motorists are seeing more cyclists and realizing that bikes can share the road, and are being more courteous. My impression from when I was riding more often is that there are fewer incidents between motorists and cyclists, but the ones that do happen are more confrontational. It's still pretty bike-friendly though, especially compared to places like Jacksonville.

Q: John, while I have you here, is there a top maintenance tip you'd like to share with GCC members?

John: Keep your tires pumped up, and your chain lightly lubed! But I'm sure a lot of GCC members already know that.



Ashlee Andrade

Q: Doug, is there anything else you'd like to say to GCC members?

Doug: I'd just like to say thanks to everyone in the cycling community who stuck with me during the transition [when I took over Bike Route].



Many thanks to Doug, Ashlee, John, and everyone else for taking time from their busy schedules to talk to me and letting me poke around and take pictures. Also note that Bike Route will be participating in a plaza-wide festival on September 24 (at the corner of University and 34th Street). Festivities will include tricycle races (for the kids, presumably) and live music.

Bike Route's address is 3429 W. University Ave., Gainesville, FL 32607. Their phone number is (352) 374-4550; their website is located at www.bikeroute.net.



Cannondale



Sunscreen

Rob Wilt, GCC VP

When I was in Publix the other day I noticed that No-Ad sunscreen is now available in a 50 factor; 16 oz. for \$8.

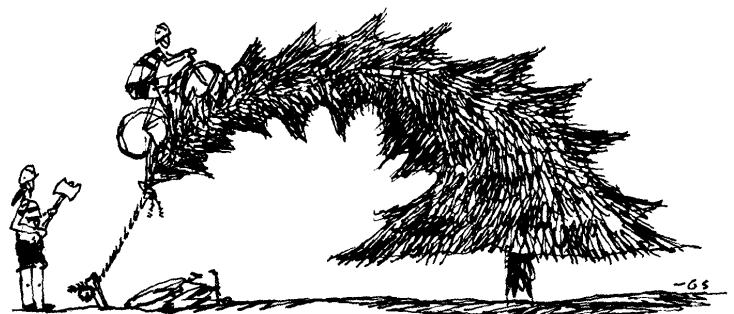
Gators will be happy to know it comes in an orange container with a blue top. It also has a bicycle on the front, no other sports logos. Someone is thinking of us!

I have used No-Ad 45 for many years now and can recommend it. I wouldn't say I like it (because I hate having to put on sunscreen), but as sunscreen goes its at least as

tolerable as any other, and a lot cheaper.

I wonder if they have it in garnet and gold in Tallahassee?

Seek the shade!



-ADVENTURE CYCLING



Florida

Bicycle Touring Calendar

(VERY ABRIDGED)



See the complete calendar on the World Wide Web at <http://www.floridabicycle.org/fbtc/>

August 13-14

Suwannee River State Park, FL

Dog Days Open House

Held at Suwannee River State Park 9 miles west of Live Oak. Saturday morning will start off with either a fun ride at Anderson Springs, Big Oak or along the scenic country roads. Saturday afternoon, we will float down the Suwannee/Withlachochee River in inner tubes. Bring a covered dish for the Saturday evening pot luck dinner. Make your hotel or camp site reservations today. This is a great event to introduce your friends to the SBA as it has no event fee. Contact Bill Wills for more information. Suwannee Bicycle Association, PO Box 247, White Springs, FL 32096.

August 20 (Sat)

Orlando FL

Orlando Midnight Ramble

At 11:00 pm brace yourself for the announcement of the official 2005 course (the course is a well guarded secret until the announcement). At 11:59 pm join us in making Central Florida history by riding in the Orlando Midnight Ramble - a well-lit and marked 25 mile course looping throughout Orlando, Winter Park and surrounding communities. This event is NOT a race - all riders are required to obey all traffic laws. We encourage all riders to wear reflective clothing and have lights on their bikes. There will be 1 aid station on the course supplying refreshments. Buttar Inc., 3901 Ibis Drive, Orlando, FL 32803. (407) 896-6879.

September 3-5 (Labor Day weekend)

Sebring FL

Tour of Sebring

Call Kenilworth Lodge now (800)423-5939 if you want to try for reservations! Three days of superb Central Florida Bicycle Touring, daily rides for all levels, family fun, and many friends, based in the Historic

Kenilworth Lodge.

September 3-4

Savannah GA

Historic Savannah Bikefest

Saturday Rides include the popular GUMP RIDE, the Skidaway Ride and the additional rides of The Pooler Figure Eight and the Pink Pig Promenade. Reception for all riders Saturday afternoon! Sunday will be 25, 36, 50 and 100 mile routes, fully supported, rest stops every 15 miles or so, with lunch afterwards. New 100 mile route on Sunday. Phone: 912-826-1843 or 912-665-0854 (Cell).

September 10 (Sat)

St Augustine FL

Patriots Memorial Bike Ride

91.1 km departs Nease High School in Northern St. Johns County (Ray Road at US 1, 1 mile south of CR 210) at 7:15 a.m. on 9-10. This ride will be in St. Johns County only, utilizing some four lane highways and some scenic rural county roads. This ride is suggested "for experienced road riders" as we will have no official rest stops (numerous convenience stores on the route). Commemorative T-Shirts are provided, however, pre-registration is required to receive a T-Shirt. Any proceeds after expenses will donated to the fund raising efforts of the Cody's Challenge MS150 Bicycle Team.

September 11 (Sun)

Baldwin FL

Endless Summer Watermelon Ride

The North Florida Bicycle Club presents back road bicycling at it's best. The ride, as usual, starts in Baldwin, Florida and includes distances to suit riders of all abilities. The 25 mile loop is ideal for families and newer cyclists. The longer 47, 72 and 100 mile routes are for more experienced riders. The routes cover rural Duval and Nassau Counties; and

even parts of Georgia! The roads are mostly flat, with traffic being very light. Cyclists who choose to do the century, will ride past the Okefeenokee Swamp and travel to Folkston, Georgia. We have the well stocked sag stops by which all others are judged. Pre ride snacks and drinks will be provided along with lunch after the ride. You may also register on-line. Ride fees are \$30 for non club members and \$25 for members. You may also register on the day of the ride for \$35 (same fee for members and non-members and a t-shirt is not included). Talk to a live person at 904-389-2782 (9to5). See our website for a complete program and registration form.

September 17 (Sat)

Albany GA

2nd Annual Nut Roll

Sponsored by The Pecan City Pedalers - Ride benefits The Parks at Chehaw Education Center - Ride options 30, 46, 62, and 102 miles. Registration opens at 7 am at The Parks at Chehaw. Routes are mostly flat with a few gentle rolling hills. All routes are fully supported, and clearly marked. Map and cue sheets will be given to each participant. Lunch will be provided. Pre-Registration: \$20.00 (If received before 09/01/05, you will be guaranteed a t-shirt.). Day of Registration: \$25.00 Showers are available after the ride. Sheila Urick, 2005 Nut Roll Director. Phone (229)888-1816.

September 17-18

St Augustine FL

PGA Tour MS 150 Bike Tour

19th Annual. International Park, off of International Golf Parkway. The Route Options: 150 mile two day, 150 Kilometer two day, Century (100 mile) option on the first day, and new this year-the ONE DAY/ONE WAY 75 mile day option. 904-332-6810 or 1-800-FIGHT-MS. to register.

Dave Wagner

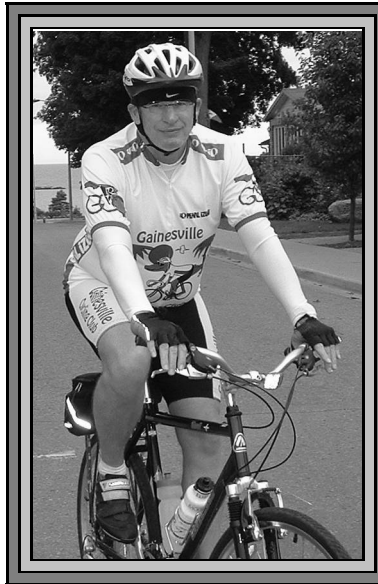
Dave Wagner was stationed in Germany with his wife and three children when they went to the local Canadian post exchange system and bought a Peugeot road bike for his son in 1985. Living in a small town outside Heidelberg, Dave soon decided "I want to do this too!" He bought his first bike, a Peugeot road bike for \$150-and still rides it today (although it now shares garage space with four other bikes, including a hybrid).

As County Attorney serving at the pleasure of the elected Board of County Commissioners, Dave has a stressful job. He says its is "the first job I didn't apply for and may get fired from..."

He counteracts that stress, gets exercise and enjoys the outdoors by riding several times a week. At 5:45 am two or three times a week you'll find him riding with Perry McGriff in the Millhopper area, completing 14 miles or so before heading to work. (Perry knows that if Dave is still on TV at 10 pm with a Commission meeting running late there will be no 5:45 am ride the next day.)

Weekends and some evenings he enjoys rides with what used to be the

"Beeline," a group ride that goes some 30-50 miles at 16 mph or so while enjoying each other's company. Dave notes, "It takes the benefit out of the ride if you don't see the scenery,



socialize, and sweat." Dave's favorite rides include the Hawthorne Rail Trail and riding from Gainesville to Fanning Springs via 78th Avenue, Route 47 and then past Trenton on the rail trail.

Dave grew up in the Pittsburgh area (northern panhandle of West Virginia where he met his wife, Barbara-they both traveled while he served in the

Army for 15 years. They had three children, now grown. Scott enjoys triathlons and marathons; Allison won a silver medal in swimming in the 1996 Olympics in Atlanta, and Mark just graduated from UF. Bikes played a role in Scott and Allison's athletic training and now Dave is happy to add that Barbara has started riding a hybrid.

Dave and Barbara found Gainesville when the Army sent him here to get his law degree in the early 70's after he graduated from West Point. After serving in Vietnam, Germany, and a multitude of other bases, Dave and Barbara decided to return to Gainesville when he left the Army. "The people are friendly, it's easy to get around, and it was a great place to raise the kids, " says Dave. After helping to incorporate GCC in the early 1990's, working with the founders, and enjoying club activities through the years, Dave notes that GCC is one of the best cycling clubs in the US.

Dave has put in his time on his bike, commuting most mornings to his job for several years and taking touring trips through Oregon, Arizona, Virginia, Canada, and Alabama. He especially recommends the trip through Oregon. Dave remembers his exercise in the Army; running, doing pushups... cycling down that beautiful Hawthorne Trail is much preferable.

Ichetucknee-O'Leno Trail

by Lewis Sussman

The paving of the bike trail from Fort White to the Ichetucknee River alongside US 27 has been completed. Be careful, though, since in a number of places the recent heavy rains have left sand deposits on the path. Also be careful in 'downtown' Ft. White--the path follows a couple of odd meanders there, then ends on US 27. I don't know if it is considered officially open, but there were no signs prohibiting entry.

Now one can ride from Ft. White to Little River Springs almost entirely on

a bike path--the only exception being the link over the Ichetucknee River, where you must follow the shoulder of US 27.

The bike path from Ft. White to O'Leno Park has been paved for about 2 miles from US 27 along CR 18; the rest has been graded, but in places it is flooded and/or washed away by the

rains. I wouldn't count on this leg being paved for a while.



League of
American Bicyclists

CLASSIFIED

Schwinn hybrid bike commuter bike for sale. 18 inch cro-moly frame and fork. Bike is four years old and wheels are less than a year old. A spare front wheel and couple extra tires and tubes are included. The drive train is two months old. A Blackburn rack and a two month old Cateye Astrale cadence computer are also included. The bike is in very good condition. I would like \$150 for it.

Set of brand new wheels that I bought for this bike and have not used yet. They are 700c and the rear spacing is 135mm. They have Shimano FH-RM40-8 hubs and Weinmann double wall rims. The wheels include Hutchinson rim strips, skewers and a new 8 speed cassette. \$100.

Contact me at: pauloppenheim@ufl.edu

wireless comp, aero bars, rack and bag. I also have a Yakima tandem rack that goes with the bike. I have \$4000 into it. Will let go for \$1800. Call Dwight Jenkins at Home Phone: 352-466-4475 or cell: 386-937-0529. Email: jenkins9852@bellsouth.net.

Giant OCR 1 with Shimano 105 group, carbon fork, new gator skin tires with tuffy strip liners, advocet computer, and speed play pedals. It's a medium compact frame which should fit anyone from 5'4" to 5'11". It has about 3,000 miles on it and is in excellent condition. \$650. I have stopped using it because of an old back injury, and now exclusively ride a recumbent. For full information and picture contact Lewis Sussman: sussman@ufl.edu

All of the following items are offered by Rob Wilt, 380-0561.

- **GCC Cycling shorts.** Black with yellow side panels, red 'Gainesville Cycling Club' on the yellow. Mens Large. Worn 3 or 4 times. In excellent condition, recently laundered. \$30
- Teac V2-RX cassette tape deck, 3-heads, In excellent condition, \$100
- 35 MM Flash - Compact Zoom Strobe with Thyristor Flash. Adjustable flash head for close and wide angle shots. Head changes angles for non-direct lighting shots. Active hot shoe type for 35mm. With carrying bag. \$20
- Airwalk Chaos casual shoes. Black, dark gray and light gray. Virtually new. Worn a couple of times, were a bit too small. Very clean. Would fit a 9D well. \$20
- Books on tape, many titles, murder mysteries, historical, comedy. In excellent condition with original packaging. Most used only once. For a list of titles and prices email me and I will forward you the complete listing of available tapes.
- Panasonic KX-P1123, 24 pin dot matrix printer. In good shape, with stand, manual, and extra ribbons. \$25.
- ScubaPro Fino Mask. High quality low volume dive mask in black. Used only a few times, in perfect condition with original protective box. Originally \$90, selling for \$50
- Brand New **GCC polo shirt:** Quality Queensboro shirt (www.queensboro.com), featured logo is the sweaty pony on a penny farthing bike. White with gold text and red horse. Men's size Large \$20.



Bike Trainer (stand) for sale. Manufactured by Performance. Model is called "Peak Performance". Good condition. \$25.00. Call Dottie, 377-4224. Leave msg.

2001 Trek T2000 Tandem. Frame size 56/45, Bontrager and Shimano Ultegra components. Silver blue, like-new condition ridden approx 100 miles. Many extras inc. clipless peds,

California-King size Waterbed (72"x84") in good condition, dark wood, on pedestal with drawers underneath, padded side rails, beautiful large headboard with mirrors, shelves, 2 year-old heater needs a new mattress (available cheap online) originally cost over \$1,000. asking \$300. obo Carol Glavin 371-8695.

Honda Civic EX Coupe 2001 2 door, 5 speed manual, A/C, PS, PW, moon roof, 63k miles, \$8295. 378-7063

6 Spanish, Irish, Italian, Danish, German
QUIZ Answer (from page 5)

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The Gainesville Cyclist is published bi-monthly with cover dates of even-numbered months. All submissions are welcome.

Classified ads will be run free-of-charge for club members; email or mail to the editor.

Ads are \$20 for a standard size ad, \$40 for a quarter page ad, and \$80 for a half page ad. A one year (six issue) subscription for standard size ads is \$100.

OCTOBER DEADLINES

Ad copy needing setup work
September 9

Articles and classifieds
September 14

Ads in GIF or TIFF format
September 16

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The Rock Trail Opens

The Rock trail is a new trail built by local hard-working mountain bikers. It is located just off Newberry road about 2.3 miles west of I-75 and is open from sunrise to sunset every day of the week.

The trail is on 160 acres of private land with special permission granted by The Rock of Gainesville. No fees are charged for trail access and all liability is covered under the Florida Recreational Use Statute.

There are currently about 4 miles of trail designed for off-road cycling and hiking (no motorized vehicles are permitted). More trails will be added in the future beginning in the fall of 2005.

For detailed directions and a map, see the GCC web site.



BUSINESS SPONSORS

These businesses provide discounts to club members who present their yellow membership card or the back page of their newsletter (with expiration date):

Bike Route	10%	374-4550	3429 West University Avenue (Westgate Regency)
Bikes & More	10%	373-6574	2113 NW 6 th Avenue
Chain Reaction	20%	373-4052	1630 West University Avenue
Gator Cycle	10%	373-3962	3321 SW Archer Road
Mr Goodbike	10%	336-5100	425 NW 13 th Street
Recycled Bicycles	10%	372-4890	805 West University Avenue
Spin Cycle	22%	373-3355	425 West University Avenue
Streit's Schwinn Cyclery	10%	377-2453	1614 NW 13 th Street (with Mattress Town)

Some restrictions apply, ask for details at the store.



Gainesville Cycling Club
5015 NW 19th Place
Gainesville FL 32605-3435

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AUGUST 2005 ISSUE Mailing label with expiration date identifies current member.

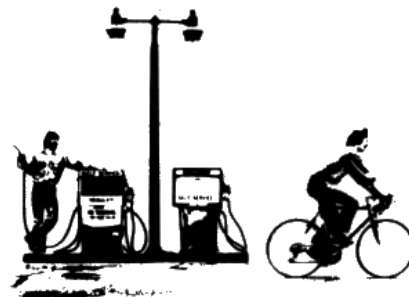
2005 Gainesville Cycling Festival - 1-2 Oct - Santa Fe Century - Horse Farm Hundred

Welcome New Members!

Joel Bialosky	Gainesville FL
Jackie Clark	Gainesville FL
Jennifer Gladdish	Gainesville FL
Judy Greenberg	Mc Intosh FL
Laura Hallam	Waldo FL
Jim Howley	Gainesville FL
Kevin Hunter	Gainesville FL
Jeff Kelly	Gainesville FL
Larry Lambert	Alachua FL
Jerry Moore	Reddick FL
Carolyn Mullin	Gainesville FL
Ruthann Nettleton	Gainesville FL
William Nettleton	Gainesville FL
Donna Simoneau	Alachua FL
Gary Wheeler	Gainesville FL
Paula Wheeler	Gainesville FL
Pamela White	Ocala FL
Bill Wolff	St Petersburg FL



We currently have the 2006 Gainesville Cycling Festival scheduled for October 21-22. This is an open date for the Gators. However, NCAA teams are now scrambling to add a 12th game to their 2006 and beyond schedules; to date the Gators have not announced when they will schedule the additional game. They have three options: start a week earlier, add a game after Thanksgiving, or use the open week. If they choose the latter option, we will have to reschedule the 2006 Festival.



Passing Gas!
(it's only natural!)