



Happenings

December 12 (Sat)

Holiday Party

Venue


Holy Faith Catholic Church Social Hall
747 NW 43rd St Social Hour at 5 pm Dinner at 6 pm

As you enter the parking lot from 43rd St, the Social Hall is the far building to the left. The hall is on the second floor, with a ground level entry to the rear that we will use.

Eating

The club will provide turkeys, soda pop, beer, and wine. Bring appetizers, side dishes, and desserts to complement the birds.

Food Contest

 When you arrive you will be given a food label and a food ballot. The label will have a number on it. Write your name and a description of your dish on the label and make sure that it is placed so that everyone can tell that it goes with your dish. When you decide to vote for a dish as "best", write the number that is on its label on your ballot, and place it in the ballot box. Prizes will be awarded for best appetizer, best side dish, and best dessert

Competitive Gift Exchange

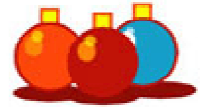
Everyone coming to the party should bring a wrapped gift. Select something that you think may be sufficiently desirable that people might want to fight over it. But you do not need to spend a huge amount of money; a box of power bars might do the trick if you cannot come up with something more original! Huge battles have been fought over a \$3 stuffed animal from Dollar General!

Jersey Try-On

Voler is sending a fit kit so you can see what size jersey you need.

RSVP

We need to know how much turkey to buy! RSVP in the Members Area on the Club web site. We'll also send an email to those able to receive our administrative emails with a direct link.



January 9 (Sat)

Tour de Felasco

The ride is full. To volunteer to help out, email info@sanfelasco.net.

January 16 (Sat)

200 Kilometer Brevet

Registration is open for the Gainesville Brevet Series on the club web site. Preregistration is highly recommended. Inspections and rider check in will be held from 6:30 to 7:30 pm Friday at the Rush Lake Motel or **after the ride start** on the morning of the ride.

January 30 (Sat)

Chilly Chili Picnic

See page 4 for full details about this anticipated annual picnic event, held at O'Leno State Park.

January 30 (Sat)

Last Day to Order Jerseys

We'll be locking in our order with Voler for an early April delivery of club jerseys. See page 5 for more info.





From The Editor Roger Pierce

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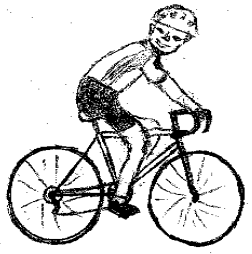
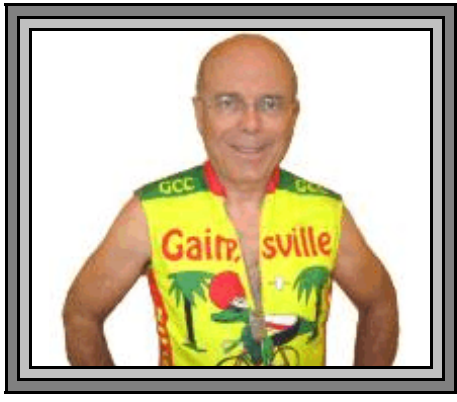
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Office Manager
Barb Thomas

GCC Web Page
gainesvillecyclingclub.org
gainesvillecc.org
gccfla.org

There's a lot happening around town these days in the bicycling community. You can see a bit of it on page 5 where we report on Andrew Gill's committee that is working on upgrading our Bicycle Friendly Community status.

If you are involved in something and want to reach the over 750 members of the Gainesville Cycling Club, send me an article for the next newsletter!



Course Marshall Chandler Otis, Director Roger Pierce, Worthington Chief Melinda Koken

President's Letter

Where has the time gone? Another year of good cycling and camaraderie is coming to an end. This year has seen our membership grow to a record 776.

Thanks primarily to Chandler Otis we had our usual plethora of fine cuisine at our many picnics.

Once again the Gainesville Cycling Festival was a big success with a large turnout. I wish I had a chance to ride myself; many people have expressed to me their favorable comments regarding the annual event. Kudos to Roger Pierce, Gary Greenberg, and the myriad of other volunteers that have made this ride such a winner

year after year.

Unfortunately we did have our usual quota of accidents and near misses. As always, we should pledge to make the new year a safer one.

I'm not sure where this year has

gone but please mark down December 12th on your calendar. This year's Holiday Party will be held then in the Social Hall at the Holy Faith Catholic Church located on NW 43rd St. near 8th Ave. I am looking forward to seeing you there as the new hall has plenty of seating capacity for all (assuming a few of those 751 will not be able to make it).

Be safe, be happy.



Bob Newman



Training tip of the Month

by Herb Kieklak, CSCS

Coach K Fitness

Winter Riding

OK folks, it is soon to be winter riding season, which means going from hot and sweaty to cold and miserable. So let's start talking about tips to be more comfy this winter while riding.

1. Layers - yup, y'all have heard it before and anyone from up north should know all about this,

Torso: The old school layering trick is stuffing a piece of Tyvek or Fed Ex envelope down the front of your bike jersey to act as a cheap wind block and then stash it or toss it when you warm up. Or break down and buy a wind vest/jacket/

Arms: Nothing mo better than simple arm warmers. And easy to stash later.

Hands: Gloves with fingers will let you grip and shift. On long rides, you can bring ones with cut off fingers for later.

Feet: You can buy all sorts of shoe covers to keep your feet insulated, or try the old school trick of putting plastic baggies over your toes (between shoe and sock). Very cheap and again can

stash or toss when you warm up. And you don't have to worry about getting color to match your shoes.

2. Hydration - is overlooked and just as important in winter as in summer riding. Since you are not soaked in sweat you just don't notice that you are still losing water thru respiration and simple metabolism, so remember to drink up.

3. Hide in the pack - let somebody else get out there in the lead and block that cold wind.

K

PJ's Cafe & Catering

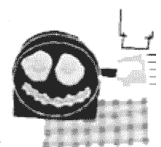
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Chilly Chili at O'Leno, January 30

The GCC will have its world famous "Chilly Chili" picnic on Saturday, January 30 at Oleno State Park. Bike rides start at 9 a.m., food starts about noon.

The picnic features a Chili Cookoff, and everyone is invited to bring their best chili. For those who don't like spicy chili, The Club will provide the famous "Fowl Flesh Chili", a mild chili made with ground turkey, guaranteed to offend no one.

All chilis are welcome, including vegetarian recipes, hot or mild chilis and other variations. Prizes and praise will be awarded to the best chili's including vegetarian chili, mammal flesh (cow, swine, squirrel) chili, and fowl flesh (chicken, turkey, ostrich) chili. Insect and seafood based chilis are also welcome.

The Club will provide soft drinks and a big pot of rice to accompany the chili. All picnic participants are asked to bring either a chili or a side dish, such as a salad or dessert.



Bike rides will include both road rides and off-road rides.

Road ride leaders may want to organize road rides for the Oleno area. The top half of the Santa Fe Century route is near Oleno. Also, there is an



off-road paved bike trail that goes from Oleno to Fort White, then to Ichetucknee and on to Branford, about 28 miles. This trail has no cars and is safe for family groups and beginners.

Oleno has 13 miles of gentle off-road trails, including the historic Bellamy Road, Florida's first Federal road built in 1826. Chandler will lead a history ride to the Bellamy Road, which will include the Old Spanish Trace and Wire Road, which have been in use for more than 300 years.



Participants in the IDIDARIDE and the San Felasco Ride are invited to enjoy the chilifest. Oleno's trails are not challenging, but it is a good chance to get together over a meal and try trails that the entire family can enjoy.

Directions to Oleno State Park: Oleno is 35 miles north of Gainesville on US 441. Take US 441 north through Alachua and High springs. Oleno is eight miles north of High springs on US 441. Riders and picnickers should meet at the picnic area in Oleno, which is next to the Santa Fe River.

Christmas Bike Program

It's Christmas and once again, the Gainesville Cycling Club is helping the Gainesville Police Department with its annual Christmas bikes for underprivileged children program.

We need donations of used children's bikes, especially bikes with 20" and 24" wheels.

If you don't have a bike to give, you might want to visit garage sales or thrift stores at which children's bikes can be purchased inexpensively.

If you have a bike to donate, please contact Chandler at chanbike@aol.com, or take the bike to Bikes and More, 2133 NW 6th Street, 373-6574. Please put a tag on the bike that says "Christmas bike"

I have tentatively scheduled a workday at The Kickstand to fix up kids bikes on Dec. 12 (the day of the Christmas party). Stay tuned for details.

The bikes that we donate will be distributed by Gainesville Police Department School Resource Officers, to children in elementary and middle school.

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GCC Jersey Printing Planned

We're now in the process of lining up sponsors for the next printing of the GCC Jersey. If you would like to see your company's logo on the back of a jersey for many years to come, call Scott Erker at 335-4484 or email scotterker@ufl.edu. The cost is \$600 including a jersey and shorts, or \$500 without the clothing.

Fit Kit Coming Soon

We'll have a fit kit from Voler at the Holiday Party, and then at a bike store in Gainesville (watch GCCMail for details).

Ordering

All orders will be placed online directly with Voler. If you are unable to place online orders, contact Scott in January and we'll work something out. Access to the special Voler GCC order page will be through the Members Area on the club web site.

Deadline

All orders must be placed by Saturday, January 30. Watch GCCMail for the announcement of order opening. It could be as early as mid-December, but should not be later than early January.

Selection

Volter offers a wide range of options that you can choose from in jerseys, shorts, and related items. We'll be updating the Jersey page on the club web site with the available options so you'll have a heads up when you go to the Voler web site.



BPAB News

Andrew Gill is chairing a new Bicycle Pedestrian Advisory Board (BPAB) subcommittee working on seeing what BPAB can do to raise Gainesville's Bicycle Friendly Community (BFC) rating to Gold from the current Silver level. The BFC website can be found at <http://tinyurl.com/labffc>.

We have also learned that the new County Comprehensive Plan being worked on states that one of the goals is to make Alachua County a Platinum level Bicycle Friendly Community.

The BPAB has two web sites. The URL for the official site maintained by the city of Gainesville is too long to fit on this page. The site maintained by BPAB members is at <http://runbikewalk.com>.

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Horse Farm Hundred Photos

by Rob Wilt



Trail crew
Kevin Ward, Clare & Bud Jones, Susan Ward



Lunch crew: ?, Debra Logeson, Robert Fisher,
Tracy Terry, Greg Ferrone, Michael Scott



World-class signage



Sign placers Carl & Jan Brush, aid crew
Marty Todd, Jeff Dofing



Flemington Chief Dawn McKenzie,
George, son Gary Segrave,
Bonnie Weekes



Course Supervisor
George McKenzie



T-shirt designer Jeff Dofing

WOW! What a great weekend of riding on the best cycling roads in Florida!

1066 rides were ridden over the weekend by the 883 registered riders. 399 rode a Nationwide Santa Fe ride on Saturday, and 667 a Horse Farm ride on Sunday. The Santa Fe numbers reflect an increase over last year of 26 riders; the Horse Farm numbers are the same as last year.

The big difference this year is that more people signed up for the century rides, and fewer for the shorter rides, especially those leaving from Flemington, where we were down 45 riders.



Are we having fun yet?

Monetarily, we made adjustments this year in our price structure to make the two centuries the same price. The result was basically neutral, with some revenue shifted to the Horse Farm. \$11,442 was collected for the Santa Fe, \$18641 for the Horse Farm, and \$334 for water bottles, for a total of \$30,417, up over a \$1000 from last year. In making the price adjustments, we committed to the Boys Club to continue making a \$10,000 donation. With the increased value of the Santa Fe Century, we hope that in the future it will draw more riders, and perhaps clear more than \$10,000 so that we can increase our donation.

Another change we made this year was to up our support level for the Santa Fe Century to match what we do

for the Horse Farm Hundred. We had already been providing the same level of route support, but this year we manned most of the rest stops with GCC members instead of college kids, provided soda pop at all rest stops, and sandwiches at Worthington Springs. If you found a snack on the Horse Farm, you should have found the same thing on the Santa Fe.

VOLUNTEERS

We had a great staff of volunteers this year (see page 8). I can't thank you all enough for your efforts.

The best thing for me this year is that we had most of the staff in place well before the event. Last year I went totally grey as we struggled to fill important positions at the last minute.



SAG Driver Dorian Rose checks out

NEXT YEAR

We're coming up on the Thirtieth Running of the Horse Farm Hundred! We'd like to do some special things for this significant event.

We'll continue to improve our world-class rest stops, and look at placing a few more signs on the route (we're already the very best at this).

If we can get one of our graphic artists interested, we can offer an event jersey (drop me an email if you'd like to work on this).

And Jim Wilson plans on deploying his impressive new Arch, which spans over 30 feet, and has a ten foot diameter.



Sign Chief Scott Pfaff, Santa Fe Course Supervisor Velvet Yates (Allen Kushner and Dennis Guttman in back)

Gainesville Cycling Festival Volunteers

Here is the backbone of the Festival! If you look closely, you will see that some are listed in more than one category; they did double duty! These are the ones we know about; there were undoubtedly more that chipped in. Thanks to all!

Cadre

Roger Pierce
Barb Thomas
Suzanne Newman
Glen Morey
Rob Wilt
Fred & Marion Korzec
Buster O'Connor
Jeff Dofing

Course

Chandler Otis
Scott Pfaff
Velvet Yates
George H. McKenzie
Dorian Rose
Jim Merkner
James Claus
Herb Kieklak
Wendy Norman
Diane Rix
Brian Hetz
Chris Sanchez
Jerry Speckman
Dan Connaughton
Jesse Alston
Diann Dimitri
Maritza Vazquez
Steven Lachnicht
Philip Irwin
Brian Johnson
Betty Long
Trish Everitt
Daniel Perrine
Richard Heissenberg
Chris Sanchez
Kevin Anderson
Lambert Vaes
Huan Dinh
Scott Erker
Scott Pfaff
Jonathan Jones
Scott Pfaff
Carl Brush

Jan Brush
Lambert Vaes

Rest Stops

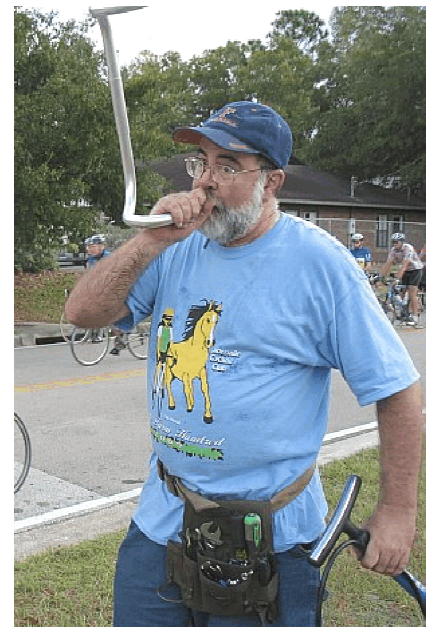
Gary Greenberg
Bob Newman
Scott Hart
S. Allen Kushner
Mike Beckham
Jennifer Gladdish
Herb Kieklak
Susan Ward
Daniel Perrine
Scott Erker
Steven Lachnicht
Suzanne Newman
James Ossa
Mike Beckham
Ray Holzworth
Gary Greenberg
Ray Holzworth
Shane Powers
Chandler Otis
Michael P. Gamble
Jill Abbott
Ralph Giro
Dottie Giro
Jane Emmeree
Daniel Dresdner
Cynthia Dresdner
Holly Mincey
Eliveth Grosteffon
Larry Pahman
Melinda Koken
Shirley Denardo
Susan Ellis
Thomas E. Idoyaga
Fairlie Bagley
Jo Weaver
Kelly Weaver
Andrew Gill
Allyson Gill
Robert Howland
Allyson Gill
Mike Bergin
Dawn McKenzie
Tootie Richey
Judy Greenberg
Bonnie Weekes
Phyllis Saarinen
Stanley Rakofsky
Tito L Vazquez
Andrea Muirhead
Barb Wills

Marty Tod
Gary Segraves
Michael Scott
Ronald Hall
Fairlie Bagley
Greg Ferrone
Tracy Terry
Debra Logeson
Zach Logeson
Robert Fisher
Bud Jones
Kevin Ward
Susan Ward
Clare Jones

Registration

Richard Ritari
Beth Knizer
Lisa Atkinson
Dennis Guttman
Mary Lou Merkner
Judie Davidson
Steve Grosteffon
Burt Silverstein
Elise Owens
Lisa Atkinson
Shirley Denardo
Richard Colbert
Charles Whitman
Vicki Vescio
Karelisa Hartigan
Barbara Bergin
Alicia Rudin
Huan Dinh
Frederick Ross
Carrie Stilwell
Shane Powers
Gwen Creel
Nancy Henry
Neal Adams
Robert Howland
David Aiken
James Ossa
Andrew Gill
Delia Kilpatrick
Jim Wilson
Maritza Vazquez
Allyson Gill
Rob Wilt
Velvet Yates
Mike Beckham
Kevin Anderson
Tito L Vazquez
Kevin Keating

119
Individual
Volunteers!



Course Marshall Chandler Otis rallies the troops with the handlebar horn

Congratulations Twin Century Riders

These persons registered to ride both the Nationwide Santa Fe Century and the Horse Farm Hundred.

Alain Abbate	Coral Springs FL
Mark Albritton	Savannah GA
Ken Allen	Spring Hill FL
Len Altamura	Oldsmar FL
Kevin Anderson	Gainesville FL
Joseph Arena	West Palm Beach FL
Eddie Arraya	Casselberry FL
Ralph Baker	Altamonte Springs FL
Lucia Bass	Orlando FL
Carol Bast	Winter Park FL
Jessica Bell	Gainesville FL
Marc Branham	Alachua FL
Roxanne Burrus	Gainesville FL
Tony Burton	Port St Lucie FL
Dave Buyens	Plant City FL
Harvey Carver	Auburndale FL
Ron Chopyak	Reddick FL
Robert Claude	Oviedo FL
John Conlon	Jacksonville FL
Mart Cook	Titusville FL
Jay M. Copp	Seminole FL
Gretta Cullen	Melrose FL
Luther Davis	Longwood FL
Jeff Delie	Palm Harbor FL
Rex Demers	Savannah GA
Scott Denardo	Gainesville FL
Edward Deustachio	Port Orange FL
Patrick Donovan	Orange Park FL
Jack Emerick	Lakeland FL
Bryan Fowler	Valrico FL
Mark Freyman	Jacksonville FL
Michael Gengler	Monticello WI
Larry Gies	Orlando FL
Christopher Goller	Bartow FL
Lee Gordon	Tavares FL
Woody Graham	Columbia SC
Jeff Gray	Ocala FL
Steve Grosteffon	Alachua FL
Dennis Guttman	Gainesville FL
Scott Hart	Gainesville FL
Guenther Hochhaus	Gainesville FL
Ruth Holmberg	Palm Harbor FL
Ray Holzworth	Gainesville FL
Ted Hudspith	Winter Park FL
Allen Hughes	Tarpon Springs FL
Ermanno Iaglitsch	Gainesville FL
Erin Jacobs	Winter Springs FL
Yaniv Jacobson	Pompano Beach FL
Timothy Klausutis	Niceville FL

William Kracov
 S. Allen Kushner
 Katherine Laurenzano
 Matthew Lazinski
 Michael Lazinski
 Ken Lecomte
 Eugene Lenihan
 Michael Lidik
 Terrence Logan
 Pat McCluskey
 Greg Michael
 Nathan Michael
 William Miller
 Talmadge Mincey
 William Nelsen
 Joe Orthoefer
 John C. Orthoefer
 James Ossa
 Ed Pavelka
 Jim Pearce
 Everett Phillips
 Ed Poppell
 John Preston
 Jose Prieto
 David Richardson
 Bill Roberts
 Keith Roberts
 Rob Robins
 Michael Robinson
 Richard Robinson
 Dana Rodakis
 Jon Roth
 Ken Sallot
 Michael Schwaid
 Rhonda Scott
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 Carlos Smith
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 Robert Stevens
 William Sullivan
 Betsy Thorpe
 John Van Aken
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 Charles Whitman
 Ken Witte
 Shannon Woodruff
 Eric Wubbel
 Allen Wysocki
 Jacob Wysocki

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Sugar During Exercise Increases Power and Endurance

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A study from Copenhagen, Denmark shows that taking sugar while you exercise increases the amount of training you can do, and does not lessen the benefits of your increased training (Journal of Applied Physiology, June 2009). In this study, men trained one leg while ingesting a 6 percent sugar drink and the other leg while taking an artificially sweetened (sugarless) drink, two hours a day, on alternate days, five days a week. The legs trained with sugar had 14 percent more power and a 30 percent greater time to exhaustion.

Athletes in sports requiring endurance need to train in their sport many hours each day. They damage their muscles by taking a hard workout on one day, feel sore on the next, and then take less intense workouts for as many days as it takes for the muscles to heal and the soreness to go away. The more intense the training workout without injury, the more intensely they can compete. The longer they can go on their less intense recovery days, the tougher their muscles become to withstand the tremendous forces on them during their hard workouts and during competition.

Anything that can increase the intensity of their hard days or amount of work they can do on their recovery days will make them better in competition. Running out of muscle sugar makes you feel tired. So anything that preserves stored sugar in muscles during a workout will help you exercise longer. This study shows that taking sugar regularly during workouts

allows you to extend the amount of training without lessening the benefits that you receive from the extra work.

The question had been asked whether restricting sugar during training could enhance performance by teaching the muscles to get along with less sugar. These authors showed that the enzymes used to convert sugar and fat to energy function just

as well when sugar is taken continuously during exercise. The muscles trained on sugar had no loss in the amount of stored sugar or the ability to convert food to energy.

Another study showed that taking a drink containing both protein and sugar every three miles and at the finish of a 36-mile bicycle time trial was far more effective than a drink containing just sugar in 1) riding faster at the end of the time trial, 2) preventing next-day muscle soreness and 3) lessening muscle damage, as measured by a blood test called CPk (International Journal of Sport Nutrition and Exercise Metabolism, April 2009). A protein-sugar drink taken immediately after intense exercise also hastens healing of the muscles damaged by hard exercise (Journal of Applied Physiology, April 2009).

Taking refined carbohydrates (sugar or flour) when you are not exercising can cause a high rise in blood sugar that increases risk for diabetes and heart attacks. Contracting muscles remove sugar so fast from the bloodstream that blood

sugar usually does not rise too high during exercise and for up to half an hour after you finish exercising.

New Adopt-A-Road Director

In 1995, Diann Dimitri became the second Adopt-A-Road Director for the Gainesville Cycling Club. What we didn't tell her at the time was that her term of office was 15 years!

Ally Gill has taken over, and will be organizing the next clean up in February. (She'll be looking to hand over duties to her replacement in 2025.)

If you would like to be on her historic first crew, call 338-1914 or email foxally@cox.net. There are seven slots available, and perhaps a few backups. The club provides funds to help pay for a gala dinner after the pickup.



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roger@gccfla.org

AD GRAPHICS

Craig Lee 475-1825
craig@craigdidit.com

The Gainesville Cyclist is published bi-monthly with cover dates of even-numbered months. All submissions are welcome. Classified ads will be run free-of-charge for club members; email or mail to the editor. Ads are \$20 for a standard size ad, \$40 for a quarter page ad, and \$80 for a half page ad. A one year (six issue) subscription for standard size ads is \$100.

FEBRUARY DEADLINES

Ad copy needing setup work
January 15
Articles and classifieds
January 22
Ads in GIF or TIFF format
January 26

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If you're considering a trip to an exotic location why not take your bike! The GCC has 3 Trico "Iron Cases" for club members to rent for the incredibly low price of just \$10 per week, that's right ONLY \$10 per week. These cases are designed with protection as their #1 priority. No flimsy cardboard or lightweight plastic knock offs can compare with the quality of these cases. The cases are conveniently located at the Bike Route so you can have your bikes professionally packed if you don't want to do it yourself (extra charges will apply). They can be rented by contacting the Bike Route (386-462-5250) to reserve your time slot.

Charges:

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The GCC and Bike Route are not responsible for any damages that may occur during shipment of bikes in club cases.





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BUSINESS SPONSORS

These businesses provide discounts to club members who present their yellow membership card or their newsletter envelope (with expiration date):

Alligator Island Optical	10%	332-9028	2275 SW 91 st Street – Ste 160	www.alligatorisland.net
Bike Route	15%	(386)462-5250	N US 441 (10100 NW 13th Street)	www.bikeroute.net
Bikes & More	10%	373-6574	2113 NW 6 th Avenue	www.bikesandmoregainesville.com
Chain Reaction	5-20%	373-4052	1630 West University Avenue	www.chainreactionbikes.com
Coach K Fitness	20%	246-5514		http://coachkfitness.net/
Gator Cycle	10%	373-3962	3321 SW Archer Road	http://gatorcycle.com/
Mr Goodbike	10%	336-5100	425 NW 13 th Street	http://mrgoodbike.com/
Pedalers Pub & Grille	10%		(Exotic cycling tours)	www.pedalerspubandgrille.com/gcc
Pointy Helmet Coaching	20%	573-9481		www.pointyhelmetcoaching.com
Recycled Bicycles	10%	372-4890	805 West University Avenue	
Sisters (restaurant)	10%	379-0281	5212 SW 91st Terrace	www.eatatsisters.com
Spin Cycle	22%	373-3355	425 West University Avenue	www.spinracing.com
Super Cool Bike Shop	15%	371-2453	3460 W University Ave	www.supercoolbikeshop.com

Some restrictions apply, ask for details at the stores.



Welcome New Members!

Amanda Adams
 Meryl Alappattu
 Gerry Bouchard
 Joseph Brennan
 Helen Brueckner
 Timothy Brueckner
 Harriett Buchyn
 Paul Calewarts
 Jorge Camacho
 Christopher Carter
 Rory Causseaux
 Terri Causseaux
 Rob Culbert
 Ron Cunningham
 Marti Dettman
 Gerardo Dominguez
 Marisela Dominguez
 Whitney Drew
 Craig Dupler
 Dale Gunnoe
 Sue Ann Hopkins
 Sherrie Hunter
 Ermanno Iaglitich
 Jessica Johnston

Gainesville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Keystone Heights FL
 Keystone Heights FL
 Williston FL
 Jacksonville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Archer FL
 Gainesville FL
 Monfalcone Italy
 Gainesville FL

Cassie Keenum
 Michael Keenum
 Nathan Kemper
 Steven Kimelman
 David H. Kniseley
 Laura McIntosh
 Ellie McMullen
 Elizabeth Myers
 Brenda O'Brien
 Rochelle Rubeis
 Joe Shalley
 Nicolle Shalley
 Robert Shields
 Josh Smith
 Tildon Smith
 Zach Smith
 Greg Stephens
 Lynn Stephens
 Cassie Stowell
 Donald Stowell
 Betsy Thorpe
 Tonya Walsh
 Kirsten Wetherbee
 Susan Wilder
 Robert Wilkes

Alachua FL
 Alachua FL
 Alachua FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Ocala FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Gainesville FL
 Waldo FL
 Gainesville FL
 Waldo FL
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 Archer FL
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 Tallahassee FL
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Prefab Fireplaces (352) 377-9535
 Gas Fireplaces • Gas Logs 1 (800) 524-2675
 Wood Stoves

Web Site: www.woodstoveflorida.com

611 N. Main Street
 Gainesville, FL 32601

KERRY DUGGAN

CHEVRON AT HUNTERS CROSSING

5221 N.W. 43rd St.
 Gainesville, FL 32606
 (352) 377-4355
 Fax: (352) 372-0509

JOHN OLIVER
 STORE MANAGER