The bi-monthly newsletter of the Gainesville Cycling Club, Inc.

Happenings

October 1 (Wed)

Tour de Felasco Registration Opens

Direct link to the registration form is: http://www.sanfelasco.net/docs/tour2009reg.pdf.

Standard Club Ride Meeting Time Now 9 AM October 4 (Sat)

Check GCCMaill ride announcements to ensure your group is using the standard time.

October 4-5

Mountain Bike Skills Clinic and Campout

Please RSVP by October 1. More details on page 5.

October 5 (Sun)

Adopt-A-Road Cleanup

Meet at 4 pm to get organized for a 4:15 pm sharp deployment. Meet on Millhopper Road at the intersection next to the East from CR 241. Please don't be late: it's hard to get you supplied and assigned after we have started. We need 9 people for an optimal crew. Please RSVP to diann@piercepages.com or call Diann at 378-7063. FIRST COME FIRST SERVE. The club will help pay for dinner after the cleanup.

October 18 (Sat)

Saturn Santa Fe Century

Registration starts Friday at 6 pm at the North West Boys and Girls Club. Registration and breakfast open at 6:30 am Saturday at the North West Boys and Girls Club.



October 19 (Sun)

Horse Farm Hundred





October 29 (Wed)

Five Points of Life Ride to Cedar Key

You are invited to join the Five Points of Life Ride on their final leg to Cedar Key. See page 4 for more information.

November 2 (Sun)

Eastern Standard Time Returns

Fall back, set your clocks back one hour, gain an hour of sleep. If you fail to do so, you'll be way early for your ride!

December 13 (Sat)

Holiday Party

Put it on your calendar! Details in the next newsletter.



GainesvilleCycling Club Inc. Board of Directors

President

Bob Newman 372-8195

Bobnewman@cox.net

Vice President

Photographer

Rob Wilt (386)418-3794

nullview@yahoo.com

Membership Secretary

Newsletter Editor, Webmaster, List Manager Gainesville Cycling Festival Director

Roger Pierce 378-7063

roger@gccfla.org

Lantern Rouge

Chandler Otis

Chanbike@aol.com

Regional Brevet Administrator

Jim Wilson 373-0023

wilson@afn.org

Ride Leader Coordinator

Scott Pfaff (352)472-3325

spfaff@busbycabinets.com

Treasurer

Art Stockwell 339-6528

astockwell@teamparadigm.com

Recording Secretary

Velvet Yates

velvetyates@yahoo.com

Off Road Director

Mike Kelly 335-3524

mckelley@bellsouth.net

Gainesville Cycling Festival

Gary Greenberg 871-2086

garymg@gmail.com

Director at Large

Dan Perrine 870-7877

mrbicycle1@yahoo.com

Support Persons

Adopt-A-Road Director

Membership Card Lamination, Event Supplies Manager, Bike Store Liaison

Diann Dimitri 378-7063

diann@piercepages.com

Office Manager

Barb Thomas

GCC Web Page

gainesvillecyclingclub.org gainesvillecc.org

gccfla.org

From The Editor

Ashort one this month. I'm concentrating on the Festival, and most of you are concentrating on picking up your mileage for the Festival!

Thanks to those who submitted material. Tootie Richey has an interesting travelogue on page 6.

I am doing too many jobs with the club right now. Doing this newsletter is one that many of you have the capability of doing if you want to invest some time in making the GCC an even greater club. We would like someone who does nothing else but the newsletter (besides riding their bike!). Phone or drop me an email if this interests you.





Hahira GA

4 (Sat)



SELECTED OCTOBER OUT-OF-TOWN RIDES

. (Out)	riaima ori	rioney bee means comany
5 (Sun)	Inverness FL	Rails to Trails Bike Ride
5 (Sun)	Harlem GA	Hardy Hundred
5 (Sun)	Midland GA	Pine Mountain Challenge
10-12	La Grange GA	Georgia BikeFest
11-12	Mt Dora FL	Mount Dora Bicycle Festival
11 (Sat)	Miccosukee FL	Spaghetti 100
11 (Sat)	Burwell GA	Burwell Bike Tour
11 (Sat)	Birmingham AL	Birmingham Bicycle Club's Century
24-26	White Springs FL	Fat Tire Festival
24-26	Madison FL	North Florida Tour
25 (Sat)	Watkinsville GA	Fall Classic Century
26 (Sun)	Dade City FL	Hilly Hundred
26 (Sun)	Cocoa FL	Intracoastal Waterway Century
26 (Sun)	Jacksonville FL	Torch Relay
26 (Sun)	Homestead FL	Speedway Century

Honey Bee Metric Century

See full information on the Florida Bicycle Touring Calendar, http://www.floridabicycle.org/fbtc/.

President's Letter

he last of the overly oppressive hot days seem to be behind us, we now enter into what most people consider the best cycling time of the year.

For many people the highlight of their cycling calendar is the Gainesville Cycling Festival which is just around the corner. Both the Santa Fe Century and the Horse Farm Hundred (or parts thereof) can be ridden by most demanding cyclist or the more casual one. If we all obey not only cycling laws but use common sense and courtesy this and all of our rides will be much safer. I would like to ask all riders to be aware of Florida cycling laws (which can be found on the club's web site under the "Club Information" menu on the left hand side of the screen) and strictly abide by them.

Especially with the large groups that will be on the road it is easy to stray too far from the right side of the road or bike lane and cause an inadvertent clash with a motorist or another cyclist. Remember, helmets are mandatory and mirrors recommended on all GCC rides. Let's strive to make this Festival the safest as well as the most enjoyable one on record.



I would like to thank everyone who has volunteered so far to help with this years Cycling Festival. This event has grown into one of the major rides on the Florida Cycling Calendar. Such an undertaking would not be possible without your support. We still can use help and those of you that may wish to volunteer can do so by contacting Roger Pierce at 378-7063. Before calling, check out what is needed on the GCC web site (http://gccfla.org/). Your additional support can help fill out the numerous positions needed for the festival.

I hope to see you on the road...

Bob Newman



Gainesville Cycling Festival Report

Roger Pierce

e got off to a slow start this year with our organizing. The economy has resulted in a lot of changes to sponsorships at the Santa Fe Century, which delayed getting the brochure in the mail. As you get this, there are less than THREE weeks left to get everything ready to go!

Several of the volunteers who filled key positions last year are not available to help in 2008. We will be calling around looking for replacements; please help if you can, and call me (378-7063) if you can volunteer.

We are, of course, expecting outstanding fall weather, we will have lots of good snacks and food at the rest stops, and there are a number of recently repaved roads to make your ride smoother.

Don't forget to mail in your registration soon; the special t-shirt deadline is only a week away! As a club member, you can order long-sleeve and tank top shirts (options not

available to the general public).

If you have a question about whether you are signed up as a volunteer, sign in to the Members Area and look in the Volunteer box. If you have been signed up, your position(s) will be listed in the box.

Volunteers will receive emails

providing them with details about when and where we expect to see them. These should start going out this weekend.

At the Santa Fe Century, we are welcoming Adam's Rib as a lunch provider, joining Beef O' Brady's.

Selected November Out-of-Town Rides

Selected Novelliber Out-or-Town Rides						
1 (Sat)	Toccoa GA	Tour de Tugaloo				
1 (Sat)	Alpharetta GA	Alpharetta Century				
2 (Sun)	Lakewood Ranch FL	Gulf Coast Cycle Fest				
2 (Sun)	Cooper City FL	South Broward Wheelers Century				
2 (Sun)	Heathrow FL	Salute to Freedom Century				
2 (Sun)	Lehigh Acres FL	Everyone Rides				
7-9	Chiefland FL	Chiefland Bicycle Fest				
8-9	Tampa FL	Ride Without Limits				
8 (Sat)	Bartow FL	Tour de Tow				
8 (Sat)	Claxton GA	Cruisin' In the Country				
9 (Sun)	Port Charlotte FL	FUNdride				
14-15	Miami FL	SMART Ride				
14-16	Brandon FL	Alafia Fat Tire Festival				
15 (Sat)	Athens GA	Pedal for Paws				
16 (Sun)	Dunedin FL	MDA CHALLENGE Bike Tour				
16 (Sun)	Clermont FL	Horrible Hundred				
22 (Sat)	Port Charlotte FL	Pasta Bash				
23 (Sun)	Alva FL	Caloosahatchee RiverRide				

The Five Points of Life Ride is coming to Gainesville, and the team of riders would welcome company on the road for the final leg of the journey of more than 2,000 miles.

The ride promotes five types of lifesaving donation - blood, apheresis, marrow, organ/tissue and cord blood - and the team of 12 riders all have a personal connection to one or more of these ways to give. The team includes four members of the Gainesville Cycling Club: Perry McGriff, Bruce Stechmiller, Skip Choate, and Tracy Walker.

The ride, that's coordinated by LifeSouth Community Blood Centers, will follow a route through six Southeastern states. It will travel from St. Augustine to Gainesville Oct. 28.



The following day there will be an early-morning event in Gainesville, and then the group will gather and depart about mid-morning for the finish line in Cedar Key. Riders from the Gainesville Cycling Club are welcome to join in this final ride and for the festivities at the completion of the

journey.

The exact time and location where the group will gather for departure have not yet been set. If you are interested in joining the group for this final day on the road, contact Brite Whitaker at LifeSouth at bbwhitaker@lifesouth.org for additional details.

Suwannee Bicycle Association - Fat Tire Festival Oct. 24-26

sizzling in September...thinking about October -- cooler weather and the Suwannee Fat Tire Festival. This year's FTF is going to be another great spooky spectacular with Halloween fun and festivities, great riding and paddling. SBA has reserved Stephen Foster State Park for our campers. We have made some exciting changes to how we price the festival including:

Adult event fee - \$40 to attend (children \$10; under 5 years free)

Optional camping fee - if you are not camping...then you do not pay. Camping at Stephen Foster State Park -- if you plan to arrive Thursday, please check with me first so that I can assign you the same site for Friday and Saturday nights. You will need to reserve your own site for Thursday night. Private camping sites are available for an additional fee. Otherwise, let us know who you would

like to share your site with

Optional meal plan - if you do not want to participate in the meals, then you do not pay. Five full meals only \$45 for adults, \$25 children and under 5 years old free. Take advantage of this great offer. No packing cooking supplies, no cooking and no clean up! Let the local restaurants cater to you!

The Meal Plan is a great deal, great food, camaraderie and supports the local restaurants of White Springs. SBA encourages you to purchase the Meal Plan as part of your event package. Vouchers will be provided to you for your meals at these restaurants:

- Friday night dinner Historic Telford Inn
- Saturday and Sunday breakfast your choice of Fat Bellies or the Suwannee River Diner
- Saturday lunch your choice of Historic Telford Inn, Suwannee

River Diner or Fat Bellies

 Sat. dinner - Suwannee River Diner (private dinner just for our event)

Event fee includes:

- Event t-shirt
- Friday night Wine and Cheese Meet and Greet
- All other riding and activities including the Beginner Mountain Bike Clinic.
- Optional paddle trip: provide your own boat or contact American Paddle in White Springs for a boat for the Saturday paddle.

For more details, see www.suwanneebike.org.

Register online: http://www.active.com/event_detail.cf m?event_id=1581437

If needed, <u>email</u> or call me at: Cell: 904.534.4417

Mountain Bike Skills Clinic and Camp Out

WHAT - The Friends of San Felasco is holding a mountain bike skills clinic and camp out

WHEN - Saturday, Oct 4 and Sunday Oct 5.

OUR SPONSORS - our local bike shops will be instructing, cooking, serving, and leading rides! Bike Route, Bikes & More, Chain Reaction, Gator Cycle, and Mr. Goodbike have all agreed to participate at this time. And we don't want to forget our friends at San Felasco State Preserve for allowing us to open the park overnight for this campout.

WHO - riders of all levels, although will be geared toward beginner/intermediate. We especially encourage families to come out!

WHERE - San Felasco HQ -From Gainesville - go north on Rd 241. Just after the I-75 overpass, take a right (south) on 109th Lane. Go to end of black 4 rail fence on left side of road, about 1 mile. Turn left then at the lane; will see the official state park sign. Follow drive past horse paddock to the pole barn and park.

Schedule: SATURDAY

12 noon - clinic starts (till around 3 or 4 pm).

5 - 7 pm - hot dogs, side dishes, sodas (let us know if you need a tofu doggie) 7 pm - guided night rides (all skill levels, recommended 10W of lighting) Late pm - bonfire and smores, primitive camping (portapotties, cold water showers, no hookups).

(and don't forget the wonderful stories that swirled around the fire at our last event. Let's see

who is the best story teller this time!!)

SUNDAY

7 ~ 9 am Pancake and sausage breakfast

9 am - guided rides

Must clear out of the HQ before noon.

FEE - only \$25 per person, or \$40 per family. Not only does this include all of the above, but also a 1 yr membership for the Friends of San Felasco CSO. But wait, there's more!!! Individuals will get 6 free daily passes to San Felasco, and families will get 12 free passes!!

HOW DO I REGISTER?

We will accept cash or checks the day of the event, and you can just show up for part or all of the festivities. But we request that you RSVP by OCT 1 so we know how much food to buy.

RSVP to leslieanddoug@gmail.com.

We may have some loaner bikes there - let me know if you need one.

See you there!

Leslie and Doug

2009 Tour de Felasco Registration

his year's Tour will be held on January 10, 2009. Deadline for registration will be November 15, or when we reach our rider limit of 400.

The brochure can be found at www.sanfelasco.net. It will be available on the morning of October 1. Last year we were full in around a week, so don't delay in printing your registration and mailing it in with your check!

Direct link to the registration form is:

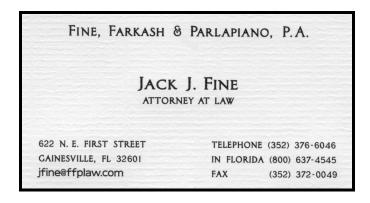
http://www.sanfelasco.net/docs/tour2 009reg.pdf.

New this year will be the availability of pre-ordering short sleeve t-shirts, as well as our usual hoodies. A long sleeve T will be included in your registration. As always we'll have our great lunch, and plenty of sag stops, including lots of dark chocolate at the last sag to get you through those last grueling miles!

When you are downloading your registration, don't forget to take a look at last year's Tour pics to see how much fun everyone had!

If you have any questions immediately, please email me. After registration begins, please direct all your questions to info@sanfelasco.net.

See you on January 10! Leslie and Doug





Social Security, Nutella, and Gearing Down

by Tootie Richey

ast year, Hanna Carroll said when you start drawing Social Security (early of course) lets plan a bike trip. GREAT! Then she said her sister Eva Sorge wanted to ride the Mur Trail, so I wondered where that was and said, OK. I was thinking John Muir Trail, West coast.

Suzanne Hall and Melinda Koken wanted to go, so the planning began. Well, I must confess I did not do any planning as I barely knew where AUSTRIA was and had no idea where the Mur River trail was in Austria. Hanna said it is a river so it has to be downhill, 250 miles or 400km! So I became joined at the hip with the Internet.

I took a non-credit, Adult Education German course and flunked. Melinda audited a German class at UF and actually learned. I suppose the difference was she has German roots and this gave her the ability to get guttural with the language. I intended to take my instructors advise and hope some one around me could speak English should I get lost from our flock. Which I did and They did.

I learned that Nutella is big in Austria and indeed the Mur River goes downhill. I love Nutella and love riding downhill, so June 10 we left for Munich or Muenchen, Germany. We chose not to take our touring bikes as toting them around would make climbing stairs, leaping from steps to train platforms, and charging up flights of stairs at our hostels difficult. This was a good choice.

We started from St. Michael in

Lungau, Styria and ended at Bad Radkursburg, Styria. We rented our interesting bikes from, Bacher Rad-Reisen: office@bachr-reisen. Now, it is com. important to clarify which St. Michael one wants to go to as it is common for a town to have more than one location. As Melinda found out at the end of her trip.

Our trip was self-guided and we carried our clothes in our panniers but we stayed at hostels (Hostelling International) and Pensions. So we traveled light and on the cheap! I can not say enough good things about all of the places we stayed at: cheap, clean, polite staff, good breakfasts. As you know the dollar has been also going downhill against the Euro. A hotel could have been 120 Euros where a hostel was 20 Euro.

Hanna and Eva were our reluctant leaders (as they spoke the language) and I am sure they got very tired of hearing "What does that say?" and perhaps a few other things!! The riding experience of our rental bikes was sort of like riding the waves in a kayak. First the wave passed from front wheel to handle bar down the deeply dipped top tube to the back While the shimmy was wheel. unnerving to me, it was not uncomfortable.

They had a triple chainring that was fine, as was the seat. Melinda took her seat and that worked for her. Type in Dutch Bike Velorbis Victoria Classic to get an idea of the frame. We must have seen a million bikes and thousands of bike trails. I suggest you order the trail map

PJ's Cafe & Catering
Hitchcock's Square • US 301

Hawthorne, FL
(352) 481-4801
Owners: John & Lois

Weekday Lunch Specials • Breakfast Served All Day

weekday Lunch Specials • Breaklast Served All Day

Hours: Wed. - Mon. 8 a.m. - 4 p.m. • Closed Tuesdays

(only available in German). It is very clear and the path is well marked. Most of the trail is paved but skinny tires may not be best. We learned the bike trail is not all downhill.

Now for Nutella, it was everywhere, big bowls, individual packets, etc. I don't think I had a bad meal, snack or a rude encounter. I knew I was not in America. Since we only rode 8 days and the longest day 43 miles or 70km., the weather was only bad about 3 days, we spent 3 nights in Gratz, got lost a little, could gear down or hike our bikes when needed, and everyone was still speaking at the end, life was good.

I can hardly wait until our next trip. I am thinking Nova Scotia, do they have lobsters?? Definitely will take my touring bike so I can really gear down and get dirty.

Take care.

2T a Thankful Adventuress



- Adventure Cycling

Merrill Lynch

Vicki Santello First Vice President - Investments Financial Advisor 352 374 1026

Toika Lankenau Registered Client Associate 352 374 1014 **Global Private Client**

104 North Main Street, 5th Floor Gainesville, Florida 32601 800 937 0269 Toll Free FAX 352 504 4061 vicki_santello@ml.com toika_lankenau@ml.com

EDITOR

Roger Pierce 378-7063 roger@gccfla.org

ADVERTISING MANAGER

vacant

BIKE STORE LIAISON

Diann Dimitri 378-7063 diann@piercepages.com

The Gainesville Cyclist is published bi-monthly with cover dates of even-numbered months. All submissions are welcome.

Classified ads will be run free-of-charge for club members; email or mail to the editor.

Ads are \$20 for a standard size ad, \$40 for a quarter page ad, and \$80 for a half page ad. A one year (six issue) subscription for standard size ads is \$100.

AD GRAPHICS

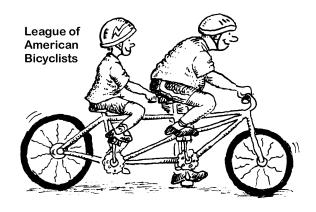
Craig Lee 475-1825 craig@craigdidit.com

DECEMBER DEADLINES

Ad copy needing setup work
November 10
Articles and classifieds
November 17
Ads in GIF or TIFF format
November 20
© 2008 Gainesville Cycling Club, Inc.

CLASSIFIED

35" inch Toshiba Stereo TV (CRT), universal remote control Matching Toshiba Stereo HIFI VCR Both in perfect condition Asking \$250 for both Bob Newman, 372-8195





Prefab Fireplaces Gas Fireplaces • Gas Logs Wood Stoves

(352) 377-9535 1 (800) 524-2675

Web Site: www.woodstoveflorida.com



KERRY DUGGAN

611 N. Main Street Gainesville, FL 32601

BUSINESS SPONSORS

These businesses provide discounts to club members who present their yellow membership card or the back page of their newsletter (with expiration date):

Bike Route	15%	(386)462-5250	N US 441 (10100 NW 13th Street)	www.bikeroute.net
Bikes & More	10%	373-6574	2113 NW 6 th Avenue	www.bikesandmoregainesville.com
Chain Reaction	20%	373-4052	1630 West University Avenue	www.chainreactionbikes.com
Gainesville Cycles	15%	502-4146	3460 W University Ave	www.gainesvillecycles.com
Gator Cycle	10%	373-3962	3321 SW Archer Road	gatorcycle.com
Mr Goodbike	10%	336-5100	425 NW 13 th Street	mrgoodbike.com
Pedalers Pub & Grille	10%	(Exotic cycling	tours)	www.pedalerspubandgrille.com/gcc
Recycled Bicycles	10%	372-4890	805 West University Avenue	a web link
Spin Cycle	22%	373-3355	425 West University Avenue	www.spinracing.com

Some restrictions apply, ask for details at the store.



ADDRESS SERVICE REQUESTED





Presorted Standard U.S. POSTAGE PAID GAINESVILLE FL PERMIT #687













OCTOBER 2008 ISSUE Mailing label with expiration date identifies current member.

2009 Gainesville Cycling Festival - 24-25 Oct - Santa Fe Century - Horse Farm Hundred

Welcome New Members!

Christopher Amerman Karyn Austin **Brad Bartlett** Jessica Bartlett Jacob Bean Sally Beveridge Fran Bond Anora Burwell Joe Carr Patricia Carr Stacey Dolan Ron Goates Parker Hinson Valerie Hoover Andrew Howe Mary Jelmberg Jimmy Jesteadt Mark Kiester Delia Kilpatrick

8

Brooker FL Gainesville FL Gainesville FL Gainesville FL Gainesville FL Cedar Key FL Gulf Hammock FL Gainesville FL High Springs FL High Springs FL Gainesville FL Alachua FL Gainesville FL Gainesville FL Ocala FL Alachua FL Gainesville FL Gainesville FL Gainesville FL

William Kinneary Bill Logeson Debra Logeson Zach Logeson Babak Lotfinia Walter McCown James Mock Kathleen Opper Gail Perfect Richard Pushaw Diane Raum Christina Rembisz Jennifer Rembisz Raymond Rembisz Curtis Rhoden Spencer Rosenfeld Ruthie Semolke Robert Smart Amy Stone Mark Stowe Thomas Tubridy Joseph Tyndall

Gainesville FL Plantation FL Gainesville FL Jonesville FL Gainesville FL Gainesville FL Gainesville FL Trenton FL Gainesville FL Gainesville FL Alachua FL Ocala FL Gainesville FL Hollywood FL Gainesville FL